



Employee Benefits Guide Most City of Seattle Employees* 2024

Updated August 1, 2024

* Includes: CMEOs, Fire Chiefs, General City Employees, Library employees, SPMA members, and members covered by Local 77 contracts for IT Professionals and Power Marketers

For assistance understanding the information in this document

- Need to speak with someone in a language other than English? Call the Benefits Unit at 206-615-1340 and we will help you access Language Line Services. You will have access to an interpreter and a Benefits Unit staff member to answer your questions.
- Hearing impaired? If you use a TDD, the City provides interpretation services. Call 7-1-1 or 1-800-833-6384 on your TDD. You will reach the Washington Relay Service. Give them the number of the party you want to call. They will call the person for you, then interpret information from your TDD to the person you are calling.
- Visually impaired? This Employee Benefits Guide document is available in a larger font. To request an electronic copy, contact the Benefits Unit at 206-615-1340.
- Would you rather hear the information than read it? If your understanding improves by having someone read or paraphrase information for you, you can attend a benefits orientation. Orientations cover all City benefits and provide ample time for questions. You can meet with the presenter after the session if you have additional questions or questions you would like to ask confidentially. Orientations are every other week enroll in Employee Self-Service, Training section.

If you need additional help or prefer to speak to someone confidentially, please email the Benefits Unit at <u>Benefits.Unit@seattle.gov</u> or call 206-615-1340.

Please note: We have made every attempt to ensure the accuracy of this information. If there is any discrepancy between this booklet and the insurance contracts, other legal documents, or the terms of an authorized collective bargaining agreement, the contracts, legal documents, and applicable collective bargaining agreements will always govern.

The City of Seattle intends to continue these plans indefinitely. Still, it reserves the right to amend or terminate them at any time in whole or part, for any reason, according to the amendment and termination procedures described in the legal documents. This booklet does not create a contract of employment with the City of Seattle.

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Employee Responsibilities

Employees are responsible for making benefit elections or changes by their deadlines, including Open Enrollment. They must notify their department's benefits representative of any family or employment status changes that impact benefits such as marriage, legal separation, divorce, new or terminated domestic partnership, birth or adoption, a leave of absence, or a death in the family. If you add a dependent to City benefits, you will receive a letter from Alight Solutions, the City's business partner. The letter will have information on verifying eligibility by submitting the required documents.

New employee? You are responsible for making your benefits elections within 30 days of your hire date.

Are you adding a new family member to your health care coverage and Flexible Spending Account? Contact your department's <u>benefits representative</u> within 30 days of marriage or new domestic partnership. Effective July 1, 2024, you have 60 days to notify your representative of a birth or adoption for medical, dental, vision, and FSA coverage.

Are you dropping a family member from your health care coverage and Flexible Spending Account? Contact your department's <u>benefits representative</u> within 30 days of divorce, legal separation, or domestic partnership termination.

Are you planning a leave of absence? Contact your <u>benefits representative</u> about how it could affect your City benefits.

Are you designating or changing your beneficiary?

- · Life or Accidental Death & Dismemberment insurance Employee Self-Service
- · Retirement contact the <u>Retirement Office</u>
- · Sick leave see your <u>benefits representative</u>
- · Deferred Compensation contact Nationwide or call (206) 447-1924

Are you moving? Update your address in Employee Self-Service.

Access benefits information from home at seattle.gov/human-resources/benefits.

Eligibility and Coverage Information

The City of Seattle provides employees and their families with a range of benefit options to support individual financial planning.

Medical

The City offers regular employees and their families* a choice among four medical plans:

- Aetna Preventive
- Aetna Traditional
- Kaiser Permanente Standard
- Kaiser Permanente Deductible

Dental

The City offers regular employees and their family members* dental coverage through Delta Dental of Washington and Dental Health Services.

Vision

The City offers regular employees and their family members* Basic and Buy-Up Vision plans through VSP.

Life Insurance & Long-Term Disability (LTD)

The City offers Basic Long-Term Disability insurance and shares the cost of Basic Group Term Life insurance. Employees can supplement both plans.

Accidental Death & Dismemberment (AD&D)

The City offers an employee-paid group AD&D insurance plan.

Flexible Spending Accounts (FSAs)

Employees can set aside up to \$5,000 per household in pre-tax dollars to pay for employment-related daycare costs and up to \$3,050 to cover eligible out-of-pocket health care expenses.

Deferred Compensation Plan

The City offers a "457 (b)"** tax-advantaged savings plan, which allows employees to invest current, pre- and after-tax (Roth) earnings to generate additional retirement income.

Employee Assistance Program (EAP)

The City provides an independent professional, confidential counseling service to assist employees with personal or work-related problems.

*If you enroll a dependent, Alight Solutions, the City's business partner, will send a letter to your home within 2-3 weeks. The letter will request documents to confirm the eligibility of your dependent. Thank you for participating! For additional information about the verification process, go <u>here</u>.

**A type of retirement savings plan available to state and local government employers.

_	Eligibility and C	Coverage Informa	ation
Eligibility for Regular Employees	If you are a regularly appointed employee in a full- or part-time position (scheduled to work at least 80 hours per month), you are eligible to participate in the medical, dental, vision, life, AD&D, LTD, FSA, deferred compensation, and EAP plans.		
Eligible Family Members	 The following family members* are eligible to participate in the medical, dental, vision, supplemental life insurance, accident coverage, and EAP programs: Your spouse or domestic partner; Your birth or adopted children, or children placed for adoption; Children of your domestic partner; Stepchildren; or Any child for whom you are the legal guardian Any child for whom coverage is required by a Qualified Medical Child Support Order (healthcare plans only). 		
Child Eligibility	Please check the child eligibi	ility requirements below.*,**	
	Plan Medical, Dental, Vision, and Flexible Spending Account	Age Up to age 26 (through age 25)	OtherDo not have to be:-single-living with you-dependent onyou for supportMay have access to othercoverage.
	Supplemental GTL	Up to age 26 (through age 25)	Do not have to be: -single -living with you -dependent on you for support
	AD&D	Up to age 26 (through age 25)	Do not have to be: -single -living with you -dependent on you for support
	*If you enroll a dependent, Alight Solutions will send a letter to your home within 2-3 weeks requesting documents that confirm your dependents' eligibility. Additional information is <u>here</u> .		
	disabled prior to the limiting handicapped/incapacitated	or a handicapped/incapacitated g age and provided that proof of status has been documented b loyee for support and mainten	of his or her fully by a physician. The child must

	Eligibility and Coverage Information
New Employee Enrollment	 If you are a new employee, you must enroll in or apply for medical, dental, vision, life, AD&D, or supplemental LTD coverage within 30 days of your hire date. You have two enrollment options: through Employee Self-Service, which is preferred if you have no access to a computer, submit a <i>Benefit Election Form</i> to your Department's <u>Human Resources Representative</u>. If you choose paper forms, make sure you complete, sign, and date them. you miss the deadline, the City will default you into certain benefits, and you will be ineligible for others. You must wait for the next Open Enrollment period to make changes.
When Coverage Begins	 Complete a method instory statement of proof of good neutrinor the instrance carrier. You will not be guaranteed coverage as you are when first eligible. You must enroll within 30 days of hire. Coverage begins for you and your eligible family members on your first day of employment if that date is: the first calendar day of the month designated as a City business day, or the first calendar day of the month designated or recognized as the first working day for the shift you are assigned, whichever is later. If your employment begins after this date, your coverage will start the first day of the following month.
	 What if I miss the enrollment deadline? If you fail to enroll within 30 days of your hire date, the City will automatically enroll you in dental and basic vision coverage. Your dental coverage will default to the Delta Dental of Washington plan. If you are newly eligible for health coverage and don't actively elect or waive medical coverage, the City will automatically enroll you in the Aetna Traditional employee-only plan. This plan requires no premium contribution from you. You also will need to meet additional requirements to enroll in Life Insurance later. You may be required to submit a Medical History Statement and have it approved by the insurance company to be eligible for Life Insurance coverage.

	Eligibility and Coverage Information
Waiving Coverage	You have the option to decline medical coverage within 30 days of your hire date, during Open Enrollment, or within 30 days of a qualifying event. If you waive coverage, you may not cover dependents under the City's medical plans. You will not be charged premium payments if you decline medical coverage and will still be enrolled in the dental and basic vision plans because there is no employee premium contribution.
How do I enroll my family members?	 There are two opportunities to enroll family members: Open Enrollment Life Event or Family Status Change, for example: Within 30 days of marriage, the establishment of a domestic partnership, legal guardianship, or a dependent losing coverage on another plan Within 60 days of your child's birth or adoption event for health care coverage Effective July 1, 2024, within 60 days of your child's birth or adoption event for life and AD&D insurance and FSA changes. You can find other examples of Life Events or Family Status changes on Pages 6 and 7. If you add a family member outside of Open Enrollment, you must complete a <u>Benefits Change Form</u> and submit it to your department's Benefits Representative. If you miss the enrollment deadline, you can enroll your family member(s) at the next open enrollment period, generally in the fall. After you enroll a dependent, Alight Solutions, the City's business partner, will send a letter to your home within 2-3 weeks. The letter will request documents that confirm the eligibility of your dependents. Additional information about the dependent eligibility verification process is <u>here</u>. Visit <u>https://www.seattle.gov/human-resources/benefits</u> for more information. Call your department's <u>human resources or benefits</u> representative or the City's Benefits Unit at 206-615-1340 if you have questions.

	Eligibility and Coverage Information
How do I disenroll my family members?	If you need to remove a family member from coverage outside of Open Enrollment, submit a completed Benefit Election Form to your department's <u>benefits representative.</u>
	If you end your spouse or domestic partner's coverage due to a legal separation, divorce, or termination of the domestic partnership, submit a completed Statement of Termination of Marriage/ Domestic Partnership form or a Notice of Termination of State Registered Domestic Partnership within 30 days of the legal separation, divorce or domestic partnership termination.
Changing Your Benefits	 There are two opportunities to change your benefit choices: Open Enrollment Within 30 days of a qualifying change in family or job status (within 60 days for birth or adoption)
	 Open Enrollment Open Enrollment is held once each year in the fall. You can change your benefits plans, add and drop family members, and add or drop coverages during this time. If you make changes during Open Enrollment, your new coverage is effective on January 1 of the new (next) plan year. Increases in your Life insurance coverage are subject to the approval of your <i>Medical History Statement</i> by the life insurance carrier. Open Enrollment is also the time to enroll in the Flexible Spending Account program (Health Care and Day Care). You must re-enroll every year, even if you had an account the previous year.
	Life Events/Family Status Changes that May Affect Your Benefits You must enroll a new spouse or domestic partner and any dependents within 30 days of your marriage or the establishment of a domestic partnership. You have 60 days to add a child acquired through birth, adoption, or placement for adoption. (Effective July 1, 2024, this 60-day deadline applies to FSA changes in the event of birth or adoption; 30-day deadline for all other life events.) You can only add family members during the annual fall Open Enrollment period if you miss the deadline.
	If you have a change in family status, you may be able to make a related change to your benefits. Several examples are on the next page. Contact your department's Human Resources representative if any of the following occur:

	Eligibility and Coverage Information
	 You adopt a child - you may add coverage for that child (you may add coverage for your other dependents at that time). Your child loses coverage under your spouse's coverage - you may add this child to your plan. You get married or form a domestic partnership - you may enroll your new spouse or domestic partner and their eligible children. Your spouse or domestic partner loses coverage due to termination of employment, change in employment status, or beginning an unpaid leave of absence – you may add your spouse or partner to the plan. Your spouse or domestic partner gains coverage due to the start of employment, change in employment status, or ending an unpaid leave of absence – you may drop your spouse or partner from the plan. You get divorced, legally separate, or dissolve a domestic partnership – you must drop the spouse or domestic partner from the plan. Your child no longer meets the age requirements for medical/dental/vision – your child will be dropped from coverage.
When Coverage Ends	 Your medical/dental/vision, Basic and Supplemental Long-Term Disability, Basic and Supplemental Life and AD&D coverages end on the last day of the calendar month in which you: Are no longer eligible Resign, retire, or are terminated Stop making any required payment.
	Flexible Spending Account coverage ends on the last day of employment.
Continuing Coverage Under COBRA	To help you continue your health coverage, Congress passed the Consolidated Omnibus Reconciliation Act (COBRA) in 1986. Under COBRA, you are eligible to purchase medical only, dental/vision only, or medical/dental/vision coverage under certain circumstances when your group health plan coverage with the City ends. If you have questions about COBRA coverage continuation for a terminated Health Care Flexible Spending Account benefit plan, please contact the Benefits Unit.
	If you are a City of Seattle employee and have City medical, dental and vision coverage, you and your covered family members have the right to elect COBRA continuation coverage for up to 18 months if your coverage is lost because of one of these qualifying events:

	Eligibility and Coverage Information
	 Your employment ends for a reason other than gross misconduct Your work hours are reduced to the point where you no longer are eligible for benefits.
	The 18-month COBRA continuation period may be extended to 29 months if you or a family member (who is a qualified beneficiary) is disabled according to Social Security at the time of one of the above qualifying events. This 11- month extension is available to all qualified beneficiaries who lose coverage due to termination of employment or a reduction of hours.
	Covered family members have the right to choose COBRA continuation coverage for up to 36 months if coverage is lost for any of these qualifying events: • Death of the employee
	 Divorce or legal separation of the employee and spouse or dissolution of the domestic partnership. A child loses coverage (turns 26).
	The Life and disability plans have conversion options.
Coverage through Health Insurance Exchange	As an alternative to COBRA, you may choose an individual medical plan through the health insurance exchange. Depending on your income and the number of dependents you cover, you may find a plan on the Exchange that fits your coverage needs. Please note that if you enroll on an exchange plan, you will not be eligible for coverage on a City retiree medical plan in the future. You can find more information at <u>www.wahealthplanfinder.org.</u>
Coverage through a City Retiree Plan	When you are eligible to retire, you will receive a packet of information about the City's retiree medical plans at your Retirement Office appointment. If you want to participate in a retiree medical plan instead of COBRA or a Health Insurance Exchange plan, be aware that you must choose a plan at least 30 days before you retire. In some cases, you can delay your enrollment in a City of Seattle retiree medical plan if you are covered under another employer's plan. Contact the Benefits Unit at Benefits.Unit@seattle.gov for more information about the plans.

	Paying for Benefits
	Medical, Dental, and Vision If you elect medical coverage, the City of Seattle pays most of the premium for you and your eligible, enrolled family members. The amount you pay depends on which plan you select and whether you cover a spouse or domestic partner.
Your Payroll Deductions	Medical premiums are deducted each month on a pre-tax basis. (Premium amounts paid for a domestic partner cannot be taken on a pre-tax basis if your partner is not a dependent on your IRS tax form.)
See page 24 for medical premiums	Your share of the cost for your medical premium is taken in equal amounts from the first and second paychecks of the month during the month of coverage on a pre-tax basis. For example, premium deductions taken from your March paychecks provide for March coverage.
	The City fully pays the dental and basic vision plan for most employees. You can elect a Buy-Up Vision plan; you pay the premium for you and your eligible family members. The premium is deducted pre-tax in equal amounts from the first and second paychecks of the month.
	Life Insurance Your basic and supplemental life insurance after-tax premium deductions are taken from your second paycheck of the month for the next month's coverage.
	Supplemental Long-Term Disability Your Supplemental LTD after-tax premium deduction is taken from your second paycheck of the month for the next month's coverage. The amount you pay for Supplemental LTD coverage may vary each month because it is a percentage of your monthly earnings.
	Accidental Death and Dismemberment Your AD&D after-tax premium deduction is taken from your first paycheck of the month for that month's coverage.
	Flexible Spending Accounts (Health Care & Day Care) Your FSA pre-tax deduction is taken in equal amounts from your first and second paychecks each month.

Benefits and Financial Planning

Because everyone's medical and financial situations are different, the City offers a variety of plans to help protect employees and their families from the financial hardship that unusual medical expenses can bring. The plans are designed to cover much of the cost of medically necessary health care services. However, employees still bear a portion of their medical service costs in the form of premiums, deductibles, copayments and coinsurance.

Since health care costs may be unanticipated, it makes sense to plan and save for your out-of-pocket costs. If you can accurately anticipate some medical, dental and vision expenses for the following year – such as prescriptions, glasses, orthodontia, office visit copays and deductibles. The Health Care FSA is a tool to support your financial planning and maximize the value you get for dollars spent on health care. You can elect the Health Care FSA during Open Enrollment to set aside pre-tax dollars to pay for eligible out-of-pocket medical expenses for you and your family. Here are additional ways to cut costs and save money.

- Quit smoking and encourage your family to quit. Enroll in the City's free tobacco cessation program by calling Quit for Life at 1-866-QUIT-4-LIFE (1-866-784-8454). Your adult family members with City medical coverage may enroll.
- Be more active and eat nutrient-dense food. Many diseases and conditions are preventable, and healthy behavior reduces your future health care costs and enhances your life now.
- Go to check-ups and screenings. Have regularly scheduled physical examinations by your doctor, dentist, eye doctor, and so on. Take advantage of free worksite flu shot clinics and attend virtual benefits fairs.
- Choose the best health plan for you and your family. There is more to selecting a good health plan *than just the payroll deduction*. If you are shopping for a health plan, compare the premiums, copayments, co-insurance and what is and is not covered by the various plans.
- Stay within the network. Look for doctors and healthcare providers within your plan's network.
- Review medical bills carefully. Billing errors can cost hundreds or even thousands of dollars. Contact the billing office if there is an error or you do not understand your bill. You may be able to negotiate fees and bills that you feel are too high.
- Enroll in Reach to support your physical, emotional, and financial well-being goals. Go to http://cityofseattle.limeade.com/ and register. For access to Reach on the go, download the Limeade app and enter the City of Seattle code: seattle.

_	Medical Plan Options
Medical Plans	 The City offers four different medical plans: Aetna Preventive Plan Aetna Traditional Plan Kaiser Permanente Standard Plan Kaiser Permanente Deductible Plan
How to Choose a Medical Plan	 Plan features, coverages, and costs vary. The plans with Aetna offer a sizeable choice of doctors; coverage is higher if you use doctors in the Aetna network. The Kaiser Permanente plans require that you use their network of doctors, clinics, hospitals, and pharmacies but offer a higher level of coverage. Plans offering higher coverage (Aetna Preventive and Kaiser Permanente Standard) have lower copays but higher monthly premiums. The Aetna Traditional Plan has a larger annual deductible and lower or no monthly premiums. When making your decisions, you should consider cost, choice, and coverage. Here are some questions to ask yourself: Do you want a plan that allows you to choose any doctor, hospital, or clinic (Aetna plans), or are you willing to stay within a network (Kaiser Permanente plans) and receive a higher level of coverage? Would you prefer to pay higher monthly premiums to have a small annual deductible (Aetna Preventive Plan) or no annual deductible (Kaiser Permanente Standard Plan) and smaller copays? Would you rather pay lower or no monthly premiums and have higher coinsurance and deductibles (Kaiser Permanente Deductible and Aetna Traditional plans)? The following very brief plan descriptions may help you make these choices. New Employees: Remember - You have 30 days from your hire date to enroll in the medical, dental, vision, and most optional insurance plans.

	Medical Plan Options
Aetna	The City of Seattle has two plans with Aetna — the Preventive Plan and the Traditional Plan. The plans use the Aetna provider network, and Aetna administers the claims.
Preventive Plan	This plan has a \$100 annual deductible per person (\$300 per family) and a \$15 copay for all office visits except preventive care (which is covered at 100%). The deductible applies to most services except where a copay applies. Most other services are covered at 90% after a copay if you use an Aetna network provider.
Traditional Plan	This plan has a \$450 annual deductible per person (\$1,350 per family). Most services are covered at 80% if you use an Aetna network provider. Preventive care is now covered on this plan.
What If I Don't Use the Aetna Network?	If you choose a provider who is not in the network, you will pay a higher percentage of the visit cost. Non-network provider prices are often higher than network provider prices. If you use a non-network provider, you will pay 40% of the network service cost, and your doctor may charge you an additional amount above the network price.
Accolade	Contact Accolade at 866-540-5418 or <u>https://login.myaccolade.com/login</u> for customer service. Get support with treatment decisions, benefit coverage questions, help to find a doctor or specialist, claim denials or complaints, prescription plan, and formulary questions.
Aetna.com	Locate detailed claim information at <u>Aetna.com.</u>
Teladoc	Talk to a doctor anytime by phone or video. Be treated for health issues, including cold and flu symptoms, allergies, and skin problems. You can also see a behavioral health provider and establish an ongoing relationship for issues such as depression and anxiety. Register at <u>https://member.teladoc.com/signin</u> .
Urgent Care	Contact an Accolade Health Assistant at 866-540-5418 to find an urgent care facility near you. Or, check your account at <u>Aetna.com.</u>

	Medical Plan Options
Kaiser Permanente	Kaiser Permanente is a health maintenance organization that provides an integrated system of health care services. Kaiser delivers all services within Kaiser Permanente facilities or its contracted network providers. You must use Kaiser Permanente contracted providers and facilities unless a doctor refers you elsewhere. You do not need a physician's referral to see most Kaiser Permanente specialists. The City offers two plans through Kaiser Permanente.
Kaiser Permanente Standard Plan	The Standard Plan is a managed care plan with no deductible and an office copay of \$15. The Kaiser plans cover most services at 100% after payment of a copay. Preventive care is covered.
Kaiser Permanente Deductible Plan	The Deductible Plan has a \$200 annual deductible per person (\$600 per family) and a \$15 office copay. The deductible does not apply to ambulance service, prescription drugs, durable medical equipment, and preventive visits (preventive visits do have a copay). After the deductible is satisfied, the Deductible plan covers most services at 100% after the copayment.
	The health care website is at <u>KP.org/wa</u> . Members can request appointments and exchange emails with their provider, view their online medical records, refill prescriptions online, and view lab and test reports. The provider and facility directory and drug formulary are all accessible online. In addition, a mobile application is available.
Accolade	Accolade is a third-party resource that offers healthcare advocacy services at no cost. Kaiser members may use Accolade to supplement the Kaiser care team, member service, and advice line. Contact Accolade at 866-540-5418 for health and benefits questions.
Health Profile	Kaiser has a health risk assessment called <i>Health Profile</i> . Members complete the profile online and receive a report and personalized action plan. Free healthy lifestyle coaching is also available.
Care Chat & Online Visits	Care Chat is a free online messaging feature that lets you get real-time care from a provider. Access through your account at <u>www.kp.org/wa</u> .
Consulting Nurse Service	Not sure what kind of care you need? Call Kaiser's Consulting Nurse Service 24/7 at 800297-6877 (TTY 711).

Medical Plan Comparison Examples

The following table compares the plans in four different scenarios where employees would use services: a routine physical exam, a regular office visit (such as for an illness), outpatient treatment at a hospital, and surgery performed by a specialist. Costs for services are compared by plan. For a more complete summary of benefits by plan, see the below table.

	Prevent	ive Plan	Traditio	onal Plan	Kaiser Per	manente
	In-network	Out-of- network	In-network	Out-of- network	Deductible Plan	Standard Plan
Individual deductible	\$100	\$450	\$450	\$1,000	\$200	None
Family deductible	\$300	\$1,350	\$1,350	\$3,000	\$600	None
Routine physical exam	Paid at 100%	Coinsurance may apply	Paid at 100%	Coinsurance may apply	Paid at 100% after \$15 copay	Paid at 100% after \$15 copay
Office visit	Paid at 100% after \$15 copay	Paid at 60% after satisfaction of deductible	Paid at 80% after satisfaction of deductible	Paid at 60% after satisfaction of deductible	Paid at 100% after \$15 copay and satisfaction of deductible (copay applies to deductible)	Paid at 100% after \$15 copay
Outpatient treatment at a hospital	Physician charges paid at 100% after \$15 co-pay. After satisfaction of deductible, other charges paid at 90%.	After satisfaction of deductible, physician and other charges paid at 60%.	After satisfaction of deductible, physician and other charges paid at 80%.	After satisfaction of deductible, physician and other charges paid at 60%	After satisfaction of deductible and \$15 copay (copay applies to the deductible), physician and other charges paid at 100%.	Paid at 100% after \$15 copay.
Inpatient Surgery	Paid at 90% after \$200 inpatient copay	Paid at 60% after \$200 inpatient copay and satisfaction of deductible.	Paid at 80% after \$200 copay.	Paid at 60% after \$200 inpatient copay and satisfaction of deductible.	Paid at 100% after satisfaction of deductible.	Paid at 100% after \$200 inpatient copay

2024 Medical Plan Comparison - Most City of Seattle Employees

The purpose of this document is to help you make decisions; it is not a contract. Details are provided in your medical plan booklet at https://www.seattle.gov/human-resources/benefits/employees-and-covered-family-members/most-employees-plans.

Kaiser	Permanente*	City of Seattle	Traditional Plan*	City of Seattle Preventive Plan*		
Standard Plan	Deductible Plan	Aetna In-Network	Aetna In-Network Out-of-Network		Out-of-Network	
Deductible (per calend	dar year)			-		
No Deductible	\$200 per person	\$450 per person	\$1,000 per person	\$100 per person	\$450 per person	
	\$600 per family	\$1,350 per family	\$3,000 per family	\$300 per family	\$1,350 per family	
	Deductible applies as					
	noted except for	Deductible applies to m	ost services, except as	Deductible applies to n	nost services, except as	
	prescriptions, preventive	noted. Deductible does	not apply for	noted. Deductible does	s not apply for prescriptions	
	visits, ambulance, and	prescriptions or when the	he Inpatient co-pay or	or when the Inpatient	co-pay or emergency room	
	durable medical	emergency room co-pay	y applies.	co-pay applies.		
	equipment.					
Annual Out of Pocket	Maximum (OOP Max) inclue	des medical coinsurance	. The OOP Max excludes	the deductible and pres	cription drug	
copays/coinsurance.						
Includes i	medical copays	Exclude	es copays	Excludes copays		
\$2,000 per person	\$2,000 per person	\$1,000 per person	\$2,000 per person**	\$2,000 per person	\$3,000 per person*	
\$4,000 per family	\$6,000 per family	\$3,000 per family	\$6,000 per family*	\$4,000 per family	\$6,000 per family*	
Total Out of Pocket M	laximum includes medical co	pinsurance and the dedu	ctible. The total OOP Ma	x excludes prescription	drug copays/coinsurance.	
Includes i	medical copays	Exclude	es copays	Excludes copays		
\$2,000 per person	\$2,000 per person	\$1,450 per person	\$3,000 per person	\$2,100 per person	\$3,450 per person	
\$4,000 per family	\$6,000 per family	\$4,350 per family	\$9,000 per family	\$4,300 per family	\$7,350 per family	
Hospital Copay		•		•		
\$200 per admission	Deductible applies	\$200 copay	\$200 copay	\$200 copay	\$200 copay	
		per admission	per admission	per admission	per admission	
Hospital Pre-admissio	n Authorization	•		•		
Except for maternity	or emergency admissions,	Except for maternity o	r emergency admissions,	Except for maternity	or emergency admissions,	
must be authorize	d by Kaiser Permanente	your physician must co	ontact Aetna before your	your physician must	contact Aetna before your	
		admission. The men	nber is responsible for	admission. The m	ember is responsible for	
		obtaining precertifica	ation of out-of-network	obtaining precertification of out-of-network care		
		Са	are.			

Kaiser Permanente*		City of Seattle T	raditional Plan*	City of Seattle Preventive Plan*		
Standard Plan	Deductible Plan	Aetna In-Network	Out-of-Network	Aetna In-Network	Out-of-Network	
Choice of Providers	·	•			·	
All care and service Permanente Faciliti Members may se	ces provided at Kaiser es or network providers lf-refer to most Kaiser ite specialists.	Aetna contracted providers. No primary care physician selection or referrals required.	Any licensed, qualified provider of your choice. Expenses paid based on recognized charges*. You pay the difference between recognized and billed charges.	providers. No primary	Any licensed, qualified provider of your choice. Expenses paid based on recognized charges*. You pay the difference between recognized and billed charges.	
COVERED EXPENSES						
Abortion						
Paid at 100% after \$15 copay	\$15 copay Deductible applies	Paid at 80% after deductible. Plan will pay up to \$10k travel and lodging allowance if service not available within 100 miles of your residence.	within 100 miles of	up to \$10k travel and lodging allowance if service not available	Paid at 60% after deductible. Plan will pay up to \$10k travel and lodging allowance if service not available within 100 miles of your residence.	
Acupuncture		· ·	·	•		
\$15 copay for up to 8 visits per medical diagnosis per calendar year. Additional visits when approved.	year. Additional visits when approved.	Paid at 80% after deductible. Up to 12 visits per ca out-of-netwo	-		Paid at 60% after deductible. endar year in- and out-of- c combined	
	Deductible applies.					
Alcohol/Drug Abuse Tr						
Paid at 100% after \$200 copay per admission	Paid at 100% after deductible	Paid at 80% after \$200 copay; no deductible.	Paid at 60% after \$200 copay; no deductible.	Paid at 90% after \$200 copay; no deductible.	Paid at 60% after \$200 copay; no deductible.	
aumission		Review and coordination of care in complex situations, including residential treatment centers and partial hospitalization		Review and coordination of care in complex situations, including residential treatment center and partial hospitalization		

Kaiser Permanente*		City of Seattle	Traditional Plan*	City of Seattle	Preventive Plan*
Standard Plan	Deductible Plan	Aetna In-Network	Out-of-Network	Aetna In-Network	Out-of-Network
Alcohol/Drug Abuse Tr	reatment (outpatient)				
Paid at 100% after \$15	Paid at 100% after \$15 co-	Paid at 80% after	Paid at 60% after	Paid at 100% after \$15	Paid at 60% after
сорау	pay Deductible applies	deductible.	deductible.	сорау.	deducible.
		Additional focus on re	eview and coordination of		view and coordination of
			situations, including	-	ons, including psychological
			neurological testing, and	testing, neurologica	al testing, and intensive
		intensive	outpatient.	outp	patient.
Contraceptives					
	e drugs and devices,	· · · · ·	Provera covered as	-	Provera covered as
see Prescript	tion Drug benefit		o charge for preferred		o charge for preferred
			pproved women's	-	pproved women's
		contraceptiv	ves in-network.	contraceptiv	ves in-network.
					an Duur han afit
Durahla Madical Fauin		See Prescripti	ion Drug benefit.	See Prescripti	on Drug benefit.
Durable Medical Equip		Paid at 80% after	Paid at 60% after	Paid at 90% after	Paid at 60% after
Paid at 80%	Palu at 80%	deductible.	deductible.	deductible.	deductible.
			deductible.		deductible.
		Breast pumps covered		Breast pumps covered	
		as preventive care at		as preventive care at	
		100% no deductible		100% no deductible	
		through DME provider	•	through DME provider.	
		Includes 1 electric bre	east pump per 12 months	Includes 1 electric bre	east pump per 12 months
Emergency Medical Ca	re				
Urgent Care Clinic					
Paid at 100% after	\$15 copay	Paid at 80% after	Paid at 60% after	Paid at 100% after	Paid at 60% after
\$15 copay	Deductible applies	deductible.	deductible.	\$15 copay; no	deductible.
				deductible.	
Emergency Room (cop	ays waived if admitted)				
Kaiser Permanente	Kaiser Permanente facility:	Paid at 80% after	Paid at 80% after \$150	Paid at 90% after	Paid at 90% after
facility: \$100 copay	\$100 copay	\$150 copay; no	copay; no deductible.	\$150 copay; no	\$150 copay; no
		deductible.		deductible.	deductible.

Kaiser Permanente*		City of Seattle T	raditional Plan*	City of Seattle Preventive Plan*		
Standard Plan	Deductible Plan	Aetna In-Network	Out-of-Network	Aetna In-Network	Out-of-Network	
facility: \$150 copay	Non-Kaiser Permanente facility: \$150 copay Deductible applies	If non-emergency, paid I at 60% after copay. a		If non-emergency, paid at 60% after copay.	If non-emergency, paid at 60% after copay.	
Ambulance		-				
Paid at 80%.	Paid at 80%.	Paid at 80% when m Non-emergency transpo approved in advance by not ap	ortation only covered if Aetna. Deductible does	Non-emergency trans approved in advance b	medically necessary. portation only covered if by Aetna. Deductible does apply.	
Gender Reassignment S	Services					
Covered as any other service; copays/coinsurance depending on type and location of service provided.	Covered as any other service; copays/coinsurance depend on type and location of service provided.	Covered as any other service; copays/coinsurance depend on type and location of service provided. Plan will pay up to \$10k travel and lodging allowance if service not available within 100 miles of your residence.	service; copays/coinsurance depend on type and location of service provided. Plan will pay	Covered as any other service; copays/coinsurance depend on type and location of service provided. Plan will pay up to \$10k travel and lodging allowance if service not available within 100 miles of your residence.	Covered as any other service; copays/coinsurance depend on type and location of service provided. Plan will pay up to \$10k travel and lodging allowance if service not available within 100 miles of your residence.	
Fertility Services						
insemination, ovulation induction and Advancec Reproductive Technologies.	insemination, ovulation dinduction, and Advanced Reproductive Technologies. Copays/coinsurance	Procedures covered include artificial insemination, ovulation induction and Advanced Reproductive Technologies. Copays/coinsurance depend on type and location of service provided. \$20,000 lifetime maximum benefit. Plan will pay up to \$10k travel and lodging	and Advanced Reproductive Technologies. Copays/coinsurance depend on type and location of service provided. \$20,000 lifetime maximum	induction and Advanced Reproductive Technologies. Copays/coinsurance depend on type and location of service provided. \$20,000 lifetime maximum benefit. Plan will pay up to \$10k travel and	Procedures covered include artificial insemination, ovulation induction and Advanced Reproductive Technologies. Copays/coinsurance depend on type and location of service provided. \$20,000 lifetime maximum benefit. Plan will pay up to \$10k travel and lodging allowance if service not available	

Kaiser	Kaiser Permanente*		Traditional Plan*	City of Seattle Preventive Plan*		
Standard Plan	Deductible Plan	Aetna In-Network	Out-of-Network	Aetna In-Network	Out-of-Network	
		allowance if service is n available within 100 miles of your residence	Otallowance if service is not available within 100 miles of your residence.	service is not available within 100 miles of you residence.	within 100 miles of your r residence.	
Hearing Aids (per ear,	, every 36 months)			•		
Up to \$1,000	Up to \$1,000	Paid 80% no deductible up to \$1,500 per ear max.	up to \$1,500 per ear max.	up to \$1,500 per ear max.	up to \$1,500 per ear max.	
			ance applies whether		e applies whether purchased	
		purchased in- or			t-of-network.	
		Deductible de	pes not apply.	Deductible	does not apply.	
Home Health Care		-				
Paid at 100% when	Paid at 100%	Paid at 80% after	Paid at 60% after	Paid at 90% after	Paid at 60% after	
authorized. No visit	when authorized.	deductible.	deductible.	deductible.	deductible.	
limit	No visit limit		O visits per calendar year network combined		30 visits per calendar year of-network combined	
Hospital Inpatient		•		•		
Paid at 100% after	Paid at 100%	Facility: Paid at 80% afte	r Facility: Paid at 60%	Facility: Paid at 90%	Facility: Paid at 60% after	
\$200 copay per	after deductible	\$200 copay; no	after \$200 copay; no	after \$200 copay; no	\$200 copay; no	
admission		deductible.	deductible.	deductible.	deductible.	
Hospital Outpatient						
Paid at 100% after	\$15 copay	Facility: Paid at 80% afte	r Facility: Paid at 60%	Facility: Paid at 90%	Facility: Paid at 60% after	
\$15 copay	Deductible applies	, deductible.	after deductible.	after deductible.	, deductible.	
Hospice	••					
Paid at 100%	Paid at 100%	Paid at 80% after	Paid at 60% after	Paid at 90% after	Not covered	
when authorized	when authorized	deductible.	deductible.	deductible.		
Maternity Care (deliv	ery & related hospital)			•		
Paid at 100% after	Deductible applies.	Facility: Paid at 80%	Facility: Paid at 60%	Facility: Paid at 90%	Facility: Paid at 60% after	
\$200 copay		after	after \$200 copay;	after	\$200 copay; copay waived	
per admission		\$200 copay; copay	copay waived for	\$200 copay; copay	for newborn hosp.	
		waived for newborn	newborn hosp.	waived for newborn	services. No deductible.	
		hospital services. No	services. No deductible.			
		deductible.		deductible.		
Maternity Care (prena	atal and postpartum)					

Kaiser F	Permanente*	City of Seattle	Fraditional Plan *	City of Seattle Preventive Plan*		
Standard Plan	Deductible Plan	Aetna In-Network	Out-of-Network	Aetna In-Network	Out-of-Network	
Paid at 100% after	\$15 copay	Other: Paid at 80% after	Other: Paid at 60%	Other: Deductible and	Other: Paid at 60% after	
\$15 copay	Deductible applies.	deductible.	after deductible.	coinsurance may apply.	deductible.	
Routine care not	Routine care not subject					
subject to outpatient	to outpatient services	Pre-Natal (such as office	Pre-Natal (such as	Pre-Natal (such as office	e Pre-Natal (such as office	
services copay.	сорау.	visits):100% no copay, no	o office visits): 60% after	visits):100% no copay,	visits): 60% after	
		deductible.	deductible.	no deductible.	deductible.	
Mental Health Care (in	ipatient)					
Paid at 100% after	Paid at 100% after	Paid at 80% after \$200	Paid at 60% after \$200	Paid at 90% after \$200	Paid at 60% after \$200	
\$200 copay	deductible	copay; no deductible.	copay; no deductible.	copay; no deductible.	copay; no deductible.	
		Review and coordination of care in complex situations, including residential treatment centers and partial hospitalization.		Review and coordination of care in complex situations, including residential treatment centers and partial hospitalization.		
Mental Health Care (o	utpatient)					
Paid at 100% after	\$15 copay per session.	Paid at 80% after	Paid at 80% after	Paid at 100% after	Paid at 60% after	
\$15 copay per session.	Deductible applies.	deductible.	deductible.	\$15 copay; no deductible.	deductible.	
		Ongoing consultation				
		with a behavioral health		Ongoing consultation		
		provider by web, phone,		with a behavioral health	1	
		or mobile device through	ı	provider by web, phone	,	
		Teladoc also available.		or mobile device throug	h	
				Teladoc also available.		
		Additional focus on rev	iew and coordination of	Additional focus on re	eview and coordination of	
		care in complex si	tuations, including	care in complex situation	ons, including psychological	
		psychological testing, n	eurological testing, and	testing, neurologica	al testing, and intensive	
		intensive c	outpatient.	out	patient.	

Kaiser Permanente*		City of Seattle Traditional Plan*		City of Seattle Preventive Plan*	
Standard Plan	Deductible Plan	Aetna In-Network	Out-of-Network	Aetna In-Network	Out-of-Network
Physician Office Visit					
Paid at 100% after \$15 copay.	Paid at 100% after \$15 copay. Deductible applies	Paid at 80% after deductible (waived for preventive care).	Paid at 60% after deductible.	Paid at 100% after \$15 copay per visit (waived for preventive care).	Paid at 60% after deductible.
		Additional access to medical consultation with a physician by web, phone, or mobile device for selected short-term services through Teladoo also available.		Additional access to medical consultation with a physician by web, phone, or mobile device for selected short-term services through Teladoo also available.	

Kaiser Permanente*		City of Seattle Trac	litional Plan*	City of Seattle Pro	eventive Plan*
Standard Plan	Deductible Plan	Aetna In-Network	Out-of-Network	Aetna In-Network	Out-of-Network
Prescription Drugs (ret	ail)		·	•	
For a 30-day supply: Generic : \$15 copay.	For a 30-day supply: Generic : \$15 copay.	Retail: 31-day supply	Not covered.	Retail: 31-day supply	Not covered.
Generic contraceptive	Generic contraceptive	Health Care Reform (HCR)	:	Health Care Reform (HCR):	
drugs paid at	drugs paid at 100%.	certain preventive drugs		certain preventive drugs	
100%.	Brand: \$30 copay	covered at 100%.		covered at 100%.	
Brand: \$30 copay	Brand contraceptive				
Brand contraceptive	drugs and devices	Generic : 30% coinsurance		Generic: 30% coinsurance	
drugs and devices	subject to copay	Brand: 40% coinsurance		Brand: 40% coinsurance	
subject to copay		The per script minimum		The per script minimum	
		coinsurance is \$10, or		coinsurance is \$10, or actual	
		actual cost of the drug if		cost of the drug if less.	
		less. Maximum is \$100 per		Maximum is \$100 per drug.	
		drug.			
Smoking cessation prescription drugs not subject to pharmacy copay.	Smoking cessation prescription drugs not subject to pharmacy copay.	\$3,600 per family. Certain with a prescription includin sedating antihistamines (fou ulcer treatment). City pays counter medications are a	Health Care Reform ng contraceptives, st or allergy symptoms \$20 per month, and so included. \$5 copa hma, anti-high chole	1,200 out-of-pocket annual m preventive generic and brand tatins, and HIV. Prescription Al) and Proton Pump Inhibitors (d plan participant pays remain ay for generic diabetic drugs a esterol, and tobacco cessation	drugs covered at 100% lowance on all non- for heartburn relief and ing; some over-the- nd supplies, \$15 copay for
Prescription Drugs (ma	ail order)				
For a 90-day supply:	For a 90-day supply:	Mail Order: up to 90-day	Not Covered.	Mail Order: up to 90-day	Not Covered.
Generic : \$45 copay.	Generic : \$30	supply (32-90 day supply)		supply (32-90 day supply)	
Generic contraceptive	copay.				
drugs paid at 100%.	Generic contraceptive	Health Care Reform (HCR)		Health Care Reform (HCR):	
Brand: \$90 copay	drugs paid at 100%.	certain preventive drugs		certain preventive drugs	
	Brand: \$60 copay	covered at 100%.		covered at 100%.	
Contraceptive drugs ar	d devices are covered	Generic: 30% coinsurance		Generic: 30% coinsurance	
subject to the pharmad	cy copay.	Brand: 40% coinsurance		Brand: 40% coinsurance	
	·	The per script minimum is		The per script minimum is	
		\$20; the maximum is		\$20; the maximum is	
		\$200 per drug.		\$200 per drug.	

Kaiser P	ermanente*	City of Seattle Trac	ditional Plan*	City of Seattle Pre	eventive Plan*
Standard Plan	Deductible Plan	Aetna In-Network	Out-of-Network	Aetna In-Network	Out-of-Network
Preventive and Welln	less Services				
Paid at 100% after \$15 copay	Paid at 100% after \$15 copay	Paid at 100% Services recommended by the <u>U.S.</u> <u>Preventive Services Task</u> <u>Force (USPSTF)</u> . Includes routine adult physical and well-child exams, immunizations, digital rectal exams/prostate- specific antigen test, lactation consultation, and breast and colorectal cancer screenings.	coinsurance may apply.	Paid at 100% Services recommended by the <u>U.S.</u> <u>Preventive Services Task</u> <u>Force (USPSTF)</u> . Includes routine adult physical and well-child exams immunizations, digital rectal exams/prostate-specific antigen test, lactation consultation, and breast and colorectal cancer screenings.	Deductible and coinsurance may apply.
Rehabilitation Service		Γ		I	
	Paid at 100% after deductible. lays per calendar year ther therapy benefits)	Paid at 80% after \$200 copay; no deductible.		Paid at 90% after \$200 copay; no deductible. Maximum of 120 days per nursing and rehab services combin	in- and out-of-network
Rehabilitation Service	es (outpatient)	•		•	
	· · · ·	Paid at 80% after deductible. Twenty-five visits per physical, massage and o includes outpatient h Additional visits may be medically ne	ccupational therapy ospital services. covered if deemed	Paid at 100% after \$15 copay; no deductible. Twenty-five visits per cale massage and occupatio outpatient hospital service covered if deemed m	nal therapy includes s. Additional visits may be

Kaiser Pe	ermanente*	City of Seattle Tra	ditional Plan*	City of Seattle P	reventive Plan*
Standard Plan	Deductible Plan	Aetna In-Network	Out-of-Network	Aetna In-Network	Out-of-Network
Skilled Nursing Facility					
Paid at 100%. 60-day maximum per	Paid at 100% after deductible. 60-day	Paid at 80% after \$200 copay; no	Paid at 60% after \$200 copay; no	Paid at 90% after \$200 copay; no deductible.	• •
calendar year.	maximum per calendar year.	deductible. Maximum of 90 days pe in- and out-of-netv	,	Maximum of 120 days pe services and skilled nursir comb	ng in- and out-of-network
Smoking Cessation					
Paid at 100% for individual or group sessions Nicotine replacement Prescription Drug bene		Lifetime maximum of one 90-day supply of aids or drugs. Coinsurance 10% generic 20% brand. See Prescription Drugs.	Not covered	Smoking cessation prescription drugs covered subject to 10% generic, 20% brand drug coinsurance.	Not covered
Spinal Manipulations	(chiropractic)				
Paid at 100% after \$15 copay	\$15 copay. Deductible applies.	Paid at 80% after deductible.	Paid at 60% after deductible.	Paid at 100% after \$15 copay; no deductible.	Paid at 60% after deductible.
providers. Must mo protocol. Maximum	Permanente designated eet Kaiser Permanente of 10 visits per calendar ear.	Maximum of 10 visits for in-network and out-o		Maximum of 20 visit for in-network and out-	
Sterilization Procedur	es				
Inpatient: Paid at 100% after \$200 copay	6 Inpatient: Paid at 100%	Inpatient: Paid at 80% after \$200 copay.	Inpatient: Paid at 60% after \$200 copay.	Inpatient: Paid at 90% after \$200 copay; no ded.	Inpatient: Paid at 60% after \$200 copay; no deductible.
Outpatient: Paid at 100% after \$15 copay	Outpatient: \$15 copay Deductible applies	Outpatient: Paid at 80% after deductible.	Outpatient: Paid at 60% after	Outpatient: Paid at 90% after deductible.	Outpatient: Paid at 60% after deductible.
		Tubal ligation: 100% no copay; no deductible.	deductible.	Tubal ligation: 100% no copay; no deductible.	

Kaiser Pe	ermanente*	City of Seattle Tr	aditional Plan*	City of Seattle P	reventive Plan*
Standard Plan	Deductible Plan	Aetna In-Network	Out-of-Network	Aetna In-Network	Out-of-Network
Temporomandibular J	oint Services				
Covered as any	Covered as any	Covered as any	Covered as any	Covered as any	Covered as any
other service;	other service;	other service;	other service;	other service;	other service;
copays/coinsurance	copays/coinsurance	copays/coinsurance	copays/coinsurance	copays/coinsurance depend	l copays/coinsurance
depend on type and	depend on type and	depend on type and	depend on type and	on type and location of	depend on type and
location of service	location of service	location of service	location of service	service provided.	location of service
provided.	provided.	provided.	provided.		provided.
		\$5,000 lifetime maxin	num for non-surgical	\$5,000 lifetime maximum f	or non-surgical services in-
		services in- and out-o	f-network combined	and out-of-netw	work combined
Tooth Injury/Oral Surg	gery (due to accident)			-	
Not covered	Not covered	Inpatient: Paid at 80%	Inpatient: Paid at	Inpatient: Paid at 90% after	Inpatient: Paid at 60%
		after \$200 copay	60% after \$200	\$200 copay	after \$200 copay
			сорау		
		Outpatient: Paid at		Outpatient: Paid at	Outpatient: Paid at 60%
		80% after deductible.	Outpatient: Paid	100% after \$15 copay for	
			at 60% after	office visit.	
			deductible.		
				Other charges paid at 90%	
Vision Exam/Hardwar	e				
Exam: Paid at	Exam: Paid at 100%	Covered u	nder VSP.	Covered u	nder VSP.
100% after \$15 copay.	after \$15 copay.				
One exam every	One exam every				
12 months.	12 months.				
Hardware:	Hardware is not				
Not covered.	covered.				

Kaiser Permanente*		City of Seattle Traditional Plan*		City of Seattle Preventive Plan*	
Standard Plan	Deductible Plan	Aetna In-Network	Out-of-Network	Aetna In-Network	Out-of-Network
X-ray and Lab Tests					
Paid at 100% Paid at 100%		Paid at 80% after	Paid at 60% after	Paid at 90% after deductible.Paid at 60% after	
	Deductible applies	deductible.	deductible.		deductible.
				Provider responsible for	
		Provider responsible for		obtaining precertification of	
		obtaining precertificatior	า	high-tech radiology	
		of high-tech radiology			

- * a. Coverage for any service is subject to the carrier's determination of medical necessity and adherence to their clinical policy guidelines.
 - b. Accolade advocacy services will be available to assist you and your covered family members find providers; dealing with billing, claim and appeals problems; understanding diagnoses and treatment options, and managing chronic diseases.

Plan details are in your medical plan booklet at <u>seattle.gov/human-resources/benefits/employees-and-covered-family-members</u>. This document is not a contract

Health Care Premiums

2024 Premium Sharing

Effective January 1, 2024, you will pay the below monthly premium *. The table also shows the total premium amount each month for each employee's coverage and the City's contribution.

	Total Monthly Premium	Employee, with or without children		• •	Employee with Spouse/Domestic Partner, with or without children	
		City Pays	Employee Pays	City Pays	Employee Pays**	
Medical Plan						
City of Seattle Preventive	\$1,929.24	\$1,881.12	\$48.12	\$1,830.74	\$98.50	
City of Seattle Traditional	\$1,747.52	\$1,747.52	\$ 0.00	\$1,715.18	\$32.34	
Kaiser Permanente Standard	\$1,395.08	\$1,346.68	\$48.40	\$1,295.18	\$99.90	
Kaiser Permanente Deductible	\$1,285.71	\$1,260.71	\$25.00	\$1,228.79	\$56.92	

Your premium will be divided into two equal payments and taken from the first two paychecks of the month for the current month's coverage. (For example, deductions taken in January will pay for January coverage.) No premiums are deducted from the third paycheck. Premiums are deducted on a pre-tax basis, reducing your taxable income.

* Fire Chief and CMEO bargaining agreements have different premium contributions than is shown here. Please contact your department's representative for your premium share table.

** Provided they are IRS tax dependents.

Health Care Premiums					
Enrolling Spouse/DP	To cover a spouse or domestic partner (and tax dependents of your domestic partner), you must complete a Benefit Election form and an Affidavit of Marriage/ Domestic Partnership.				
Spouse/DP/ Dependents Who are IRS Tax Dependents	If they are IRS tax dependents, the rate information on the previous page applies. If you enroll your domestic partner and your domestic partner's children, you will be taxed on the value of their medical coverage if they are not your tax dependents. (The value of the benefits will be imputed to your gross income.)				
DP/Dependents Who are <u>Not</u> IRS Tax Dependents	After-Tax Premium Contributions If you choose to cover a domestic partner who is <u>not</u> your IRS tax dependent, the portion of the premium deducted from your paycheck (your contribution) that pays for their coverage must be taken "after-tax" to comply with IRS regulations. The column headed "Monthly Premium Contributions Taken After Taxes" shows the portion of your monthly premium contribution that will be deducted from your paycheck after taxes are calculated.				
	Medical Plans Monthly Premium Contribution Taken After Taxes for Domestic Partner				
		Taken After Taxes for Domestic Partner			
	City of Seattle Preventive				
	City of Seattle Preventive City of Seattle Traditional	Domestic Partner			
		Domestic Partner \$50.38			
	City of Seattle Traditional	Domestic Partner \$50.38 \$32.34			

	Health Care F	Premiums			
DP/Dependents Who are <u>Not</u> IRS Tax Dependents (cont'd.)	Domestic Partner Coverage InformationIf your domestic partner or your partner's non-IRS tax dependent's children do not qualify as your IRS tax dependents, the following amounts will be listed on your paycheck as taxable income each month and are subject to federal income and Social Security tax withholding. (These values have been adjusted to reflect the premium amounts taken after-tax so you are not taxed twice.)Medical/Dental/Vision Coverage Values with Delta Dental of Washington Service Coverage				
	2024 Monthly Taxable Values of City Coverage Provided to:				
Taxable Benefit		S Tax Dependent Domestic			
Amount – (with DDWA)	Type of Coverage	artner's Non-IRS Tax Deper Domestic Partner Taxable Amount	Taxable Amount Per Child		
	Preventive Plan	\$917.43	\$774.24		
	Traditional Plan	\$844.31	\$701.32		
	Kaiser Permanente Standard	\$648.34	\$559.87		
	Kaiser Permanente Deductible	\$613.06	\$515.98		
	DDWA Coverage	\$57.30	\$40.11		
	Vision Coverage	\$4.50	\$3.15		
	Buy-Up Vision Plan	\$9.43	\$6.60		
	Total Taxable Value with DDWA & VSP Basic Plan				
	Preventive Plan	\$979.23	\$817.50		
	Traditional Plan	\$906.11	\$744.58		
	Kaiser Permanente Standard Plan	\$710.14	\$603.13		
	Kaiser Permanente Deductible Plan	\$674.86	\$559.24		
	Total Taxable Value with DDWA and VSP Buy-Up Plan				
	Preventive Plan	\$984.16	\$820.95		
	Traditional Plan	\$911.04	\$748.03		
	Kaiser Permanente Standard Plan	\$715.07	\$606.58		
	Kaiser Permanente Deductible Plan	\$679.79	\$562.69		

DP/Dependents Who are Not IRS Tax	Medical/Dental/Vision Coverage Values with Dental Health Services Coverage 2024 Monthly Taxable Values of City Coverage Provided to: Your Non-IRS Tax Dependent Domestic Partner Your Domestic Partner's Non-IRS Tax Dependent's Child				
Dependents (cont'd.)					
	Type of Coverage	Domestic Partner Taxable Amount	Taxable Amount Per Child		
Гахаble Benefit Amount – (with DHS)	Preventive Plan	\$917.43	\$774.24		
	Traditional Plan	\$844.31	\$701.32		
	Kaiser Permanente Standard Plan	\$648.34	\$559.87		
	Kaiser Permanente Deductible Plan	\$613.06	\$515.98		
	DHS Coverage	\$67.75	\$47.42		
	Basic Vision Plan	\$4.50	\$3.15		
	Buy-Up Vision Plan	\$9.43	\$6.60		
	Total Taxable Value with DHS & VSP Basic Plan				
	Preventive Plan	\$989.68	\$824.81		
	Traditional Plan	\$916.56	\$751.89		
	Kaiser Permanente Standard Plan	\$720.59	\$610.44		
	Kaiser Permanente Deductible Plan	\$685.31	\$566.55		
	Total Taxable Value With DHS & VSP Buy-Up Plan				
	Preventive Plan	\$994.61	\$828.26		
	Traditional Plan	\$921.49	\$755.34		
	Kaiser Permanente Standard Plan	\$725.52	\$613.89		
	Kaiser Permanente Deductible Plan	\$690.24	\$570.00		

Prescription Drug Coverage				
	Prescription Drug Retail Program			
	 Aetna classifies medications into three tiers: Generic Preferred brand-name Non-preferred brand-name 			
	 Kaiser Permanente uses two classifications: Generic Preferred brand-name (no coverage for non-preferred brands) 			
Preventive and Traditional Plans (Aetna)	With the Aetna plans, you pay 30% of the actual cost for generic drugs, and 40% for preferred and non-preferred brand-name drugs, up to a maximum of \$100 per drug per month. There is a \$1,200 annual out-of-pocket maximum per member for retail and mail-order drugs.			
	The Aetna formulary name is <i>Aetna Standard Plans</i> . This formulary provides a list of drugs covered under your plan. You can search for specific drugs at: <u>https://www.aetna.com/individuals-families/find-a-medication.html.</u>			
	Present your medical plan ID card at any Aetna network retail pharmacy. Prescriptions filled at a non-network pharmacy will not be covered. You may contact the toll-free Member Services number on the back of your ID card to find a participating pharmacy or check the website <u>Aetna.com</u>			
Kaiser Permanente Plans	You are responsible for a \$15 copay for generic drugs and a \$30 copay for brand- name drugs. All prescriptions must be filled at a Kaiser Permanente pharmacy. Prescriptions filled at any non-Kaiser Permanente pharmacy will not be covered.			
	The Kaiser Permanente formulary is the <i>Drug Formulary for Large Employers 1- or 2-Tier In-Network Pharmacy Benefit</i> . The formulary provides a list of drugs covered under your plan. You can search for specific drugs at <u>wa.kaiserpermanente.org/html/public/pharmacy/drug-formulary</u> .			
	See the next page for more detailed information about prescription drug coverage.			

Prescription Drug Coverage Comparison					
Plan Features	Kaiser Permanente Standard	Kaiser Permanente Deductible	Aetna Preventive	Aetna Traditional	
Annual out-of- pocket Maximum			\$1,200	\$1,200	
Retail					
 Days' Supply 	30-day	30-day	31-day	31-day	
Coinsurance	You pay \$15 copay for generic drugs; \$30 copay for brand name drugs.	You pay \$15 copay for generic drugs; \$30 copay for brand name drugs.	You pay 30% of the actual cost of generic drug; 40% of the cost for brand drugs*	You pay 30% of the actual cost of generic; 40% of the cost for brand drugs*	
Minimum Coinsurance	Not applicable	Not applicable	\$10 or the actual cost of the drug if less.	\$10 or actual cost of the drug if less	
 Monthly out-of- pocket Maximum 	Not applicable	Not applicable	\$100 per prescription	\$100 per prescription	
Out-of-Network	Not covered	Not covered	Not covered	Not covered	
Mail Order					
Coinsurance	Generic: \$45 copay Brand: \$90 copay	Generic: \$30 copay Brand: \$60 copay	You pay 30% of the actual cost of generic drug; 40% of the cost for brand drugs	You pay 30% of the actual cost of generic; 40% of the cost for brand drugs	
Minimum Coinsurance	Not applicable	Not applicable	\$20 or actual cost of the drug if less.	\$20 or actual cost of the drug if less.	
 Monthly out-of- pocket Maximum 	Not applicable	Not applicable	\$200 per prescription	\$200 per prescription	
• Days' Supply	90-day supply	90-day supply	90-day supply	90-day supply	

*Coinsurance exceptions:

- City pays \$20 towards cost of proton pump inhibitors and non-sedating antihistamines and you pay the remaining amount, whether medication is purchased over-the-counter or is a brand name drug
- You pay 10% of cost for generic and 20% for brand drugs for anti-high cholesterol, asthma, and tobacco cessation drugs
- Diabetic drugs and supplies have special copays: \$5 copay for generic, \$15 copay for brand

	Dental Plan Options
	There are two dental plans: Delta Dental of Washington (DDWA) and Dental Health Services (DHS).
	Delta Dental of WashingtonIf you select DDWA, you can receive services from any dentist, but your out-of- pocket expenses may be lower if you choose a dentist who belongs to the DDWA network. To locate a DDWA network provider, search https://www.deltadental.com/us/en/find-a-dentist.html. For claim issues or appeals, please call (206) 522-2300 or 1-800-554-1907.Selecting an in-network DDWA dentist means:
	 The portion of the dental bill you pay is smaller than if you use a non-network dentist. You do not need to submit a claim - the dentist's office will submit the claim form. After you pay your portion of the bill, you will not be balance-billed more for a covered service. (A non-DDWA dentist may bill you for the portion of the bill that DDWA does not cover).
Orthodontia	DDWA offers both child and adult (age 25 and over) coverage. Pre-treatment estimates are recommended. The orthodontia benefit is paid at a 50% level to a lifetime maximum of \$2,000. NOTE: for individuals who are already in treatment when joining the City's DDWA plan, DDWA will prorate claim payment(s) based on the original banding date and remaining balance. The dental office needs to contact DDWA customer service for patient-specific details.
Plan Ahead	Use your health care Flexible Spending Account to pay your out-of-pocket dental expenses with pre-tax dollars.
ID Cards	You will receive your DDWA ID card about 2 weeks following your dental plan selection. However, a card is not needed to access care – simply let your provider know you are covered under a City of Seattle plan, and they will ask you some information to identify you and confirm your benefits and eligibility. You can also set up your online account or Go Mobile at https://www.deltadentalwa.com/ .

Dental Plan Options			
	Dental Health Services		
	If you select DHS, you can only receive services from an in-network dentist or dental practice – there is no out-of-network benefit available. In some instances, the DHS plan may provide a more significant benefit for services received than DDWA. The list of in-network dentists and clinics is much smaller than DDWA, and you <u>must see</u> an in-network, DHS-participating dentist or clinic for services to be covered.		
	Selecting a DHS dentist means:		
	There are no deductibles and no annual maximums		
	There are no incentive-level services		
Accessing Care (Notify DHS once	To begin, visit: <u>https://www.dentalhealthservices.com/</u> and click "Plan Members" – from here, you will be able to:		
you've selected your care provider)	 Search for a DHS dentist/clinic and to set up your online account. 		
	 If you provided a personal email to the City during your onboarding, that address is on file with DHS and should be used on the Register Member screen when setting up your account. 		
	If your personal email wasn't provided or didn't work on the Register Member screen, contact DHS directly at 206-788-3444 to request your Member Number.		
Payment of Basic Services	This plan has an office visit copay of \$10 for all covered members, and there are also co-pays for selected services. The plan comparison on the following page lists services and copay requirements.		
Orthodontia	DHS offers both child and adult (age 25 and over) orthodontia. Coverage includes a copayment of \$1,800 per adult or \$1,000 per child; a \$150 charge for the initial exam, study models, and x-rays; and a \$10 copay for each visit during the course of ortho treatment. NOTE: There is no transition of care for members who are already in treatment when joining the City's DHS plan. The orthodontia benefit is available for <u>new patients only</u> .		
Plan Ahead	Use your health care Flexible Spending Account to pay your portion of the out-of- pocket dental expenses with pre-tax dollars.		
ID Cards	You will receive your DHS ID card about two weeks following your dental plan selection.		
Plan Comparison	The table on the next page compares the coverages offered by the two dental plans.		

Dental Plan Comparison		
Plan Features	Delta Dental of Washington (DDWA)	Dental Health Services (DHS)
Calendar Year Deductible	\$50 per person, \$150 per family (No deductible for preventive services)	\$0
Annual Maximum Benefit	\$2,000 per person per year	No Annual Maximum
Diagnostic and Preventive (routine and emergency exams, x-rays, cleaning, fluoride treatment, sealants)	Class I: 100%	No copay Two additional cleanings for pregnant women, up to four cleanings.
Fillings	Class II: Incentive payments levels* 1 st Year – 80% 2 nd Year – 90% 3 rd Year – 100%	No copay for general filling Covers composite fillings in all teeth (posterior composite fillings additional \$15)
Crowns	Class II: Constant 70%	\$145 noble, \$175 high noble or titanium, \$200 upgraded, specialized porcelain if applicable per unit. (Non- specialized porcelain is \$75.)
Prosthodontic Services (Dentures, Bridges)	Class III: Constant 50%	\$125 plus \$10 office visit copay (dentures) \$75 plus \$10 office visit copay (bridges)
Orthodontia For DDWA: transition of care available for new members already in treatment (see DDWA Orthodontia – prior page) For DHS: new cases only – no transition of care for new members already in treatment who join the	Available for Child & Adult Plan pays 50% up to lifetime maximum of \$2,000; deductible doesn't apply	Available for Child & Adult Adult (age 25 and over) \$1,800 plus \$150 for initial exam, study models and x-rays covers full course of treatment plus \$10 copay for each visit Orthodontia cases (less than age 25) \$1,000 copay \$150 for initial exam, study models and x-rays covers full course of treatment only; plus, \$10 copay for each visit
City's DHS Choice of Providers	In-Network: Any contracted provider. Out-of-Network: Expenses paid will be based on actual charges or DDWA's maximum allowable fees for non- participating dentists, whichever is less. You will be responsible for any balance due	In-Network: Any contracted provider in the DHS network. Out-of-Network: No out-of-network coverage available.

Plan booklets are at <u>http://bit.ly/MostDental</u>.

*Incentive levels from other DDWA plans are not carried over to the City's plan.

Dental Plan Comparison		
Plan Features	Delta Dental of Washington (DDWA)	Dental Health Services (DHS)
Periodontics (surgical and nonsurgical procedures for the treatment of the tissues supporting the teeth)	Class II: Paid according to incentive payment levels shown above*	Paid at 100% after a \$25 copay for periodontal scaling and maintenance at a general dentist. If referred to a periodontist, the member pays 20%. Up to 4 visits for specific situations.
Endodontics (procedures for pulpal and root canal treatment) Oral Surgery (routine and surgical extractions)	Class II: Paid according to incentive payment levels shown above, Root canal treatment of the same tooth covered only once in 2 years.* Class II: Paid according to incentive payment levels shown above*	 Paid at 100% after applicable copay (\$50 for anterior, \$75 for bicuspid, or \$100 for molar root canal) If referred to an endodontist, member pays 20%. Paid at 100% after a \$10 office visit copay for a general dentist. If referred
		to an oral surgeon, the member pays 20%
Temporomandibular Joint (TMJ) Disorders	Not covered	\$1,000 annual maximum \$5,000 lifetime maximum
Dental Implants	Constant 50%	Call DHS Office at 206-788-3444 for details – copayments apply
Other	Class III: Occlusal (nightguard) covered at 50% if the patient has advanced gum disease.	Occlusal (nightguard) with \$350 copay

2024 Monthly Dental Premiums for Most City Employees

Dental Plan	Total Monthly Premium Amount	Employee's Monthly Premium Contribution	
		Coverage for Employee with or without children	Coverage for Employee with Spouse/Domestic Partner with or without children
Delta Dental of Washington	\$120.66	\$0	\$0
Dental Health Services	\$142.65	\$0	\$0

New Employees: Remember - You have 30 days from your hire date to enroll in the medical, dental, vision and most optional insurance plans.

*Incentive levels from other DDWA plans are not carried over to the City's plan.

	Vision Coverage and Plan Comparison		
	The City offers two vision plans through VSP – the Basic Plan, which is fully paid for by the City, and the Buy-Up plan, paid by the employee. Below is a side-by-side comparison of the two plans. Receive services from any vision provider, but your out-of-pocket expenses will be lower if you choose a doctor or vision facility that is preferred with the VSP network. Find network providers, create your online account, review Special Offers, and more at <u>www.vsp.com</u> .		
Plan Ahead	The plan does not cover expenses above the co-payments, in-network allowances and out-of-network scheduled amounts. Use your FSA to pay for these expenses with pre-tax dollars.		
ID Cards	VSP does not issue ID cards - your network doctor or facility will be able to access your eligibility and coverage. Once you set up your online account, you can print an ID card.		

Plan Benefit	PLAN TYPE	
Benefit Frequency is every plan year unless otherwise noted	VSP Basic (City pays premium)	VSP Buy-up (Employee pays premium)
WellVision Exam	\$10 copay	Same as Basic Plan
Prescription Glasses	\$25 copay	Same as Basic Plan
Frames Basic Plan: every other year	\$175 allowance for select frames \$195 allowance for featured frame brands 20% savings on amounts over allowance	
Lenses	Copay included in Prescription Glasses Includes: single vision, lined bifocal, and lined trifocal Polycarbonate lenses for dependent children	
Lens Enhancements	Standard progressive* lenses: \$55 Premium progressive* lenses: \$95-\$105 Custom progressive* lenses: \$150-175	
Contact Lenses (instead of glasses)	\$175 allowance for contacts (no copay) \$60 Copay: contact lens exam (fitting and evaluation)	

Vision Plan Comparison

Easy Options: Buy-up Plan Only (Copay included in prescription glasses)

Premium Plan Options	Additional \$75 frame allowance or,
You and each covered member on your	Additional \$25 contact lens allowance or,
plan can choose one of these eyewear	Fully-covered anti-reflective coating or,
options when purchasing glasses or	Fully-covered progressive* lenses or,
contacts	Fully-covered photochromic** adaptive lenses

* Progressive lenses are no-lined multi-focal with a clear, smooth transition between focals ** Photochromic lenses are clear indoors and darken automatically when exposed to sunlight

Vision Coverage

Additional Vision Benefits

	Glasses and Sunglasses	
	Extra \$20 for featured frame brands	
	20% savings on additional glasses and sunglasses, including lens	
	enhancements	
Extra Savings	• Must be within 12 months of your last WellVision exam	
www.vsp.com/specialoffers to view	from any VSP provider	
updated discounts and member	Retinal Screening	
extras	No more than a \$39 copay on routine retinal screening as an	
	enhancement to a WellVision exam	
	Laser Vision Correction	
	Average of 15% off the regular price or 5% off the promotional	
	price. Discounts only available from contracted facilities	

Your Coverage with Out-of-Network Providers (Visit <u>www.vsp.com</u> for additional details)		
Exam	Up to \$45	
Frames	Up to \$70	
Single Vision Lenses	Up to \$30	
Lined Bifocal Lenses	Up to \$50	
Lined Trifocal Lenses	Up to \$65	
Progressive Lenses	Up to \$50	
Contact Lenses Up to \$105		

Coordination of Benefits*: When there are 2 City of Seattle VSP plans in place, the secondary City VSP plan will typically pay at least the copayments remaining after the primary City VSP plan makes payment.

*While having 2 VSP plans may cover some of the out-of-pocket (either City plan or a City plan and another VSP plan), there is no guarantee that all out-of-pocket expenses will be paid in full by a secondary plan. Claim payment determination is made by VSP.

2024 Monthly Vision Premiums for Most City Employees

Vision Plan	Total Monthly Premium Amount	Employee's	Monthly Premium Contribution
		Employee with/without dependents	
VSP Basic Plan	\$9.47	\$0	\$0
Buy-Up Plan	\$19.85	\$10.38	\$10.38

New Employees: Remember - You have 30 days from your hire date to enroll in the medical, dental, vision and optional insurance plans.

	Optional Insurance Plans
Optional Insurance Choices	 The following is a list of your optional insurance choices. The City offers paid Basic Long- Term Disability Insurance and shares the cost of Basic Life Insurance with you. Accidental Death & Dismemberment premiums are paid in full by the employee. You can purchase additional insurance coverage within 30 days of your hire date, during Open Enrollment or within 30 days of a qualifying change in family status; effective July 1, 2024, within 60 days for a birth or adoption family status change. (Family status change enrollment not applicable to Supplemental LTD.) Supplemental Long-Term Disability insurance for yourself Life insurance for yourself and family members Accidental Death and Dismemberment (AD&D) insurance for yourself and family members
Long-Term Disability (LTD) Insurance	Long-term Disability insurance pays a monthly benefit to you if you cannot work because of a covered illness or injury. This benefit replaces a portion of your income, thus helping you meet your financial commitments in a time of need and providing you peace of mind in knowing that a step has been taken toward securing your income during a period of disability.
Basic vs. Supplemental LTD	 The Basic LTD plan is fully paid by the City and provides a "basic" level of LTD coverage. The Supplemental LTD plan is optional, and the employee pays the entire premium. The Supplemental plan offers a higher level of coverage than the Basic plan. If you are not confident that you need Supplemental LTD coverage, consider if you will be able to meet your financial obligations if you become disabled. The risk of disability may be greater than you might think. Recent statistics have shown: Over half of Americans are financially unprepared for a period of disability (Source: Social Security Administration, Facts) Less than 5 percent of disabling accidents and illnesses are work-related (Source: Council for Disability Awareness LTD Claims Review) 52% of adults have no savings earmarked for emergencies (Source: US Federal Reserve Board, Report on Economic Well-being) Helping you decide. Each person has a unique set of circumstances and financial needs. To assess whether you need Supplemental LTD coverage, go to
Do I need Supplemental LTD? Coverage Effective Date	 www.thehartford.com/benefits/cityofseattle. Please note the following information is only plan highlights. For specific LTD benefit details, refer to the Certificate of Coverage. Coverage for Basic LTD is automatic – your department's Benefit Representative will enroll you. For Supplemental LTD, you must enroll within your first 30 days of becoming eligible (either from your hire date or from the day you move into a benefits-eligible position). If initially waived, delayed enrollment is allowed during a subsequent Open Enrollment period. See the Certificate for Period of Coverage details.

0	ptional Insurance	e – Long-Term Di	sability	
Benefit Amount	Your monthly LTD benefit is a	percentage of your insured m e., City paid sick time, Social So Basic LTD	onthly pre-disability earnings	
	Percentage of monthly pre-	60%	60%	
	disability earnings Maximum monthly benefit	\$400	\$5,000	
	Minimum monthly benefit	\$100	\$100	
		ng the LTD benefit under both Basic LTD (1) \$ 667	plans: Supplemental LTD \$ 7,300	
	Enter monthly earnings	Note: if monthly earnings exceed \$667, enter \$667 above	Note: if monthly earnings exceed \$8,333, enter \$8,333 above	
	Percentage of earnings Multiply amount on Line 1 by percentage on line 2 – this is your monthly LTD benefit	60% \$667 x 60% = \$400	60% \$7,300 x 60% = \$4,380	
Premium Amount	 The Basic LTD plan premium is paid by the City. If you elect the Supplemental plan, your monthly rate is calculated as below: Determine your base monthly earnings (up to \$8,333) and subtract \$667 (the amount of the basic plan paid by the City). Multiply that number by .00384 – this is your monthly rate that will be deducted after-tax on the second paycheck of each month. In the above table example: \$7,300 - \$667 = \$6,633, multiplied by .00384 = \$25.47 per month. 			
	Buy-up LTD premium share an If a claim for LTD benefits is a benefit waiting period. The be	e deducted after-tax, paid LTD		
When Am I Considered Disabled	a physical disease, injury, pre	riod (see below), you are cons gnancy or mental disorder, you terial duties of your Own Occu	are unable to perform with	

0	ptional Insurance – L	ong-Term Disability		
Waiting Period	Benefit Waiting Period: The Ben	efit waiting period for both Basic and the Certificate of Coverage for more detailed		
	may continue during disability un Retirement Age (SSNRA) or 3 year maximum benefit period for both	become disabled before age 62, LTD benefits til age 65 or until Social Securing Normal rs 6 months, whichever is longer. Otherwise, the Basic and Supplemental LTD is in the chart ecurity Normal Retirement Age (SSNRA):		
Limitations	Age at Time of Disability	Maximum Benefit Period		
Linnations	62	To SSNRA or 48 months, if greater		
	63	To SSNRA or 42 months, if greater		
	64	36 months		
	65	30 months		
	66	27 months		
	67	24 months		
	68	21 months		
	69 or older at time of disability	18 months		
When Penefits	medical treatment three months covered unless you have been ins limitation applies if you elect cove LTD benefits are not payable unle Certificate of Coverage for additio			
When Benefits End	LTD Benefits end automatically on the earliest of:			
LIIU	 The date you are no longer disabled The date your maximum benefit period ends 			
	 The date you die 	ant period ends		
	• The date benefits become pay	vable under any other LTD disability insurance insured through employment during a period of		

	Optional	Insurance – Group Term Lif	e
Group Term Life (GTL) Insurance	Securian Financ optional Term L	nce is issued by Securian Life Insurance Compa cial Group, Inc. (Securian Financial). The City pr life Insurance: Basic and Supplemental. The Cit ance; you pay the full cost for Supplemental Lit	ovides two levels of ty and you pay for
Basic Life Insurance	benefit amount and the second you pay the ren shown below, y	overage provides you with two options of Term is. The first option equals one-and-a-half times option is a flat \$50,000. The City contributes 4 naining 60% of the cost. Within the coverage a you select the option of basic Life insurance yo le with information regarding the monthly cost ws.	s your annual salary, 40% of the cost, and 1mount guidelines 1 are interested in
		Minimum	Maximum*
	Option A	1.5 times your annual salary, rounded to the next higher multiple of \$1,000, if not already a multiple of \$1,000	\$2,500,000 when combined with supplemental life insurance
	Option B	\$50,000	\$50,000
	for by the City, amount to \$50, taxes will be sh If you sign up for guaranteed cov insurance. How you will be requ form (medical h period. See the it before your li If you have a qu or increase you	e that the value of Basic Life Insurance over \$5 is taxable. You may limit your Basic Term Life I 000 to avoid the additional taxes. The amount own on your second paycheck each month. or Basic Term Life Insurance as a new employe rerage up to \$1,000,000 when combined with s rever, if you sign up for it later during an Open uired to complete and submit an online <u>Evider</u> history statement) within 90 days of the end of online submittal instructions <u>here</u> . Securian Fi fe insurance takes effect. ualified Family Status change during the year, y r basic group term life insurance 1.5 times you at Evidence of Insurability. Any amount over \$5	e, you are supplemental life Enrollment period, <u>nce of Insurability</u> f the enrollment inancial must approve

	Optional Insurance – Group Te	rm Life
Coverage Amount Needed	Find the life insurance amount that's right for you an Choosing the right insurance coverage can be overw Financial's online benefits decision tool, Benefit Sco make your insurance elections confidently. Get start Lifebenefits.com/Seattle.	helming. Use Securian ut, to help you and your family
How Much Will Coverage Cost?	Your coverage amount equals your annual salary, rounded up to the next \$1,000 increment, multiplied by 1.5. Your monthly premium equals \$0.045 times each \$1,000 of coverage. To calculate your basic Life insurance, use the following table:	
	1. Annual Salary = Line 1	Line 1:
	 Round Up Line 1 to nearest \$1,000 = Line 2 	Line 2:
	3. Multiply Line 2 by 1.5 = Line 3	Coverage Amount Line 3:
	4. Divide Line 3 by \$1,000 = Line 4	Line 4:
	5. Multiply Line 4 by the plan rate of 0.045 = Line 5	Monthly Premium Line 5:
Features and Benefits	For example, if your annual salary is \$78,600 per year determine your coverage amount, multiply \$79,000 your coverage amount. Divide your coverage amount \$1,000 = 118.50). Multiply 118.50 by the plan rate of \$5.33) Your premium is \$5.33 per month. Travel Assistance This service provides you and your dependents with care and other emergency services when you travel Travel Assistance also offers a range of professional, trip assistance information and coordination service smoothly. For more information, go <u>here</u> . To access,	by 1.5 = \$118,500. \$118,500 is nt by \$1,000 (\$118,500 / of 0.045 (118.50 x 0.045 = access to appropriate medical 100 miles or more from home. 24-hour medical, legal, and s to help your travel go

Optional Insurance – Group Term Life

Features and Benefits (cont'd)	Legacy Planning Resources Get the support you need to ensure your family's affairs are in order, including end-of-life planning, creation of key directives, and final arrangements for funeral services. Access legacy planning resources by going to Securian.com/legacy.
	Beneficiary Financial Counseling Beneficiaries will have access to professional guidance to help them make sound financial decisions regarding policy proceeds. Securian Financial will invite beneficiaries receiving \$25,000 or more to take advantage of this program when the life insurance claim is paid.
	Conversion This policy includes a conversion privilege which allows you to continue some level of coverage if you leave City employment. Conversion is guaranteed, which means you can continue the policy regardless of any existing medical condition. It is more costly than your active employee coverage because of this provision but could allow you to maintain coverage when you otherwise might not qualify for new life insurance coverage. You must apply within 30 days of leaving City service to be eligible.
	Accelerated Benefit If you become terminally ill with a life expectancy of 24 months or less, you may be eligible to receive up to 100% percent of the face amount to a maximum of \$1 million (Basic and Supplemental Life combined).
	For additional information, see the below links.
Resources	Certificate of Coverage Certificate of Coverage
	Evidence of Insurability Evidence of Insurability
File a Claim	To file a claim, please contact the Benefits Unit at <u>Benefits.Unit@seattle.gov</u> or (206) 615-1340.

	Optional Insu	rance – G	iroup Te	rm Life	
	Basic Gro	up Life Insura	ance Costs*		
Costs for Basic Life Insurance	Employee's Annual Salary	Amount of Insurance	Employee Monthly Premium	City Monthly Premium	Total Monthly Premium
(based on	\$30,000.01 - \$31,000	\$46,500	\$2.09	\$1.40	\$3.49
employee's	\$31,000.01 - \$32,000	\$48,000	\$2.16	\$1.44	\$3.60
annual salary)	\$32,000.01 - \$33,000	\$49,500	\$2.23	\$1.49	\$3.71
	GTL Limited	\$50,000	\$2.25	\$1.50	\$3.75
	\$33,000.01 - \$34,000	\$51,000	\$2.30	\$1.53	\$3.83
	\$34,000.01 - \$35,000	\$52,500	\$2.36	\$1.58	\$3.94
	\$35,000.01 - \$36,000	\$54,000	\$2.43	\$1.62	\$4.05
	\$36,000.01 - \$37,000	\$55,500	\$2.50	\$1.67	\$4.16
	\$37,000.01 - \$38,000	\$57,000	\$2.57	\$1.71	\$4.28
	\$38,000.01 - \$39,000	\$58,500	\$2.63	\$1.76	\$4.39
	\$39,000.01 - \$40,000	\$60,000	\$2.70	\$1.80	\$4.50
	\$40,000.01 - \$41,000	\$61,500	\$2.77	\$1.85	\$4.74
	\$41,000.01 - \$42,000	\$63,000	\$2.84	\$1.89	\$4.73
	\$42,000.01 - \$43,000	\$64,500	\$2.90	\$1.94	\$4.84
	\$43,000.01 - \$44,000	\$66,000	\$2.97	\$1.98	\$4.95
	\$44,000.01 - \$45,000	\$67,500	\$3.04	\$2.03	\$5.06
	\$45,000.01 - \$46,000	\$69,000	\$3.11	\$2.07	\$5.18
	\$46,000.01 - \$47,000	\$70,500	\$3.17	\$2.12	\$5.29
	\$47,000.01 - \$48,000	\$72,000	\$3.24	\$2.16	\$5.40
	\$48,000.01 - \$49,000	\$73,500	\$3.31	\$2.21	\$5.51
	\$49,000.01 - \$50,000	\$75,000	\$3.38	\$2.25	\$5.63
	\$50,000.01 - \$51,000	\$76,500	\$3.44	\$2.30	\$5.74
	\$51,000.01 - \$52,000	\$78,000	\$3.51	\$2.34	\$5.85
	\$52,000.01 - \$53,000	\$79,500	\$3.58	\$2.39	\$5.96
	\$53,000.01 - \$54,000	\$81,000	\$3.65	\$2.43	\$6.08
	\$54,000.01 - \$55,000	\$82,500	\$3.71	\$2.48	\$6.19
	\$55,000.01 - \$56,000	\$84,000	-	-	-
	\$56,000.01 - \$57,000	\$85,500	\$3.78	\$2.52	\$6.30
			\$3.85	\$2.57	\$6.41
	\$57,000.01 - \$58,000	\$87,000	\$3.92	\$2.61	\$6.53
	\$58,000.01 - \$59,000	\$88,500	\$3.98	\$2.66	\$6.64
	\$59,000.01 - \$60,000	\$90,000	\$4.05	\$2.70	\$6.75
	\$60,000.01 - \$61,000	\$91,500	\$4.12	\$2.75	\$6.86
	\$61,000.01 - \$62,000	\$93,000	\$4.19	\$2.79	\$6.98
	\$62,000.01 – \$63,000	\$94,500	\$4.25	\$2.84	\$7.09
	\$63,000.01 - \$64,000	\$96,000	\$4.32	\$2.88	\$7.20
	\$64,000.01 - \$65,000	\$97,500	\$4.39	\$2.93	\$7.31
	\$65,000.01 - \$66,000	\$99,000	\$4.46	\$2.97	\$7.43
	\$66,000.01 – \$67,000	\$100,500	\$4.52	\$3.02	\$7.54

*Cost is \$0.075 per \$1,000: Employee cost is 60% or \$0.045/\$1,000; City cost is 40% or \$0.030/\$1,000

Optional Insu	rance – G	iroup Te	rm Life	
Basic G	roup Life Insu	rance Costs	* - Continued	
Employee's Annual Salary	Amount of Insurance	Employee Monthly Premium	City Monthly Premium	Total Monthly Premium
\$67,000.01 - \$68,000	\$102,000	\$4.59	\$3.06	\$7.65
\$68,000.01 - \$69,000	\$103,500	\$4.66	\$3.11	\$7.76
\$69,000.01 - \$70,000	\$105,000	\$4.73	\$3.15	\$7.88
\$70,000.01 - \$71,000	\$106,500	\$4.79	\$3.20	\$7.99
\$71,000.01 - \$72,000	\$108,000	\$4.86	\$3.24	\$8.10
\$72,000.01 - \$73,000	\$109,500	\$4.93	\$3.29	\$8.21
\$73,000.01 - \$74,000	\$111,000	\$5.00	\$3.33	\$8.33
\$74,000.01 - \$75,000	\$112,500	\$5.06	\$3.38	\$8.44
\$75,000.01 - \$76,000	\$114,000	\$5.13	\$3.42	\$8.55
\$76,000.01 - \$77,000	\$115,500	\$5.20	\$3.47	\$8.66
\$77,000.01 - \$78,000	\$117,000	\$5.27	\$3.51	\$8.78
\$78,000.01 - \$79,000	\$118,500	\$5.33	\$3.56	\$8.89
\$79,000.01 - \$80,000	\$120,000	\$5.40	\$3.60	\$9.00
\$80,000.01 - \$81,000	\$121,500	\$5.47	\$3.65	\$9.11
\$81,000.01 - \$82,000	\$123,000	\$5.54	\$3.69	\$9.23
\$82,000.01 - \$83,000	\$124,500	\$5.60	\$3.74	\$9.34
\$83,000.01 - \$84,000	\$126,000	\$5.67	\$3.78	\$9.45
\$84,000.01 - \$85,000	\$127,500	\$5.74	\$3.83	\$9.56
\$85,000.01 - \$86,000	\$129,000	\$5.81	\$3.87	\$9.68
\$86,000.01 - \$87,000	\$130,500	\$5.87	\$3.92	\$9.79
\$87,000.01 - \$88,000	\$132,000	\$5.94	\$3.96	\$9.90
\$88,000.01 - \$89,000	\$133,500	\$6.01	\$4.01	\$10.01
\$89,000.01 - \$90,000	\$135,000	\$6.08	\$4.05	\$10.13
\$90,000.01 - \$91,000	\$136,500	\$6.14	\$4.10	\$10.24
\$91,000.01 - \$92,000	\$138,000	\$6.21	\$4.14	\$10.35
\$92,000.01 - \$93,000	\$139,500	\$6.28	\$4.19	\$10.46
\$93,000.01 - \$94,000	\$141,000	\$6.35	\$4.23	\$10.58
\$94,000.01 - \$95,000	\$142,500	\$6.41	\$4.28	\$10.69
\$95,000.01 - \$96,000	\$144,000	\$6.48	\$4.32	\$10.80
\$96,000.01 - \$97,000	\$145,500	\$6.55	\$4.37	\$10.91
\$97,000.01 - \$98,000	\$147,000	\$6.62	\$4.41	\$11.03

*Cost is \$0.075 per \$1,000: Employee cost is 60% or \$0.045/\$1,000; City cost is 40% or \$0.030/\$1,000

	Ontional	ncuran	co Gra	un Torm I	ifo
	Optional I	nsuran	ce – Gro	up Term I	Lite
Supplemental Group Term Life Insurance	The City offers an additional life insurance option—Supplemental Group Term Life (GTL). If you are enrolled in Basic GTL, you may purchase Supplemental GTL for yourse and your eligible family members: spouse/domestic partner (DP) and children to age to Coverage amount guidelines are in the below chart:		plemental GTL for yourself		
	Coverage amou	int guidelines	are in the below	v chart:	
		Minimum	Incremental Amount	Guaranteed Issue (GI)*	Maximum
	Employee	\$5,000	\$5,000	The lesser of 4x your annual salary rounded to next lower \$5,000 or \$1 million when combined with basic life insurance.	The lesser of 4x your annual salary, rounded down to the next lower \$5,000, or \$2,500,000 when combined with basic life insurance
	Spouse/DP			\$50,000	\$500,000 - Not to exceed
	Child/ Children (up to age 26)	ç	2,000, \$5,000 or \$1	10,000	100% of employee basic and supplemental life combined
Eligibility Requirements	Supplemental Life of Employee: • You mu • You are enrollin later du online l of the e Securia insuran If you h increas election	amount and war ast be a Regul ast elect or be guaranteed g within 30 d within 30 d within 30 d gring an Open <u>Evidence of In</u> end of the enr n Financial m ce takes effect ave a Family e your Supple	ar employee enrolled in Basi coverage (at the ays of first beco Enrollment per isurability form follment period. ust approve the ct. Status change d mental life insu as long as the co	ic GTL GI level stated ir ming eligible. Ho iod, you will be ro (medical history s See the online su Evidence of Insu uring the year, yo rance by up to \$5	n the above chart) if owever, if you sign up for it equired to complete an statement) within 90 days ubmittal instructions <u>here</u> . rability before your life ou may newly elect or 50,000. You may make the (Basic and Supplemental

	Intio	al Incura	nco - Gra	oup Term Life	
	γμισι		ice – Git		
Premium Cost	your fam Insuranc Costs for	ily members to ha e. Supplemental Ter	ve coverage, yo m Life Insuranc	ntal Term Life Insurance cove ou must first enroll yourself in e for you and your spouse/d	n Basic Life omestic partner
				osts for covering eligible chil ardless of how many children	
	The follo	wing tables show t	he cost of supp	lemental GTL insurance:	
				ental GTL for puse/Domestic Partner	
		Your A	\ge	Monthly cost per \$1,000 of coverage	
		18-2 30-3 35-3 40-4 45-4	4 9 4	\$.024 \$.035 \$.047 \$.066 \$.112	
		50-5 50-5 55-5 60-6 65+	4 9 4	\$.171 \$.266 \$.407 \$.708	
		(one cover		I GTL for Children hthly cost covers all eligible children)	
		Amount of o	-	Monthly cost	
		\$2,00 \$5,00 \$10,0	00	\$0.36 \$0.90 \$1.80	
Example: How to		Employee's Suppler	nental GTL	Spouse/DP's Supplem	ental GTL
Calculate Cost of Supplemental GTL	Amou	nt Elected	1. \$100,000	Amount Elected	1. \$40,000
	Line 1	divided by \$1,000	2. 100	Line 1 divided by \$1,000	2. 40
	Select above	your rate from	3. \$.066	Select your rate from above	3. \$.066
	Line 2	multiplied by Line 3	4. \$6.60	Line 2 multiplied by Line 3	4. \$2.64
		Monthly Premium:	\$6.60	Monthly Premium:	\$2.64

	Optional Insurance – AD&D
AD&D	To supplement your Basic and Supplemental Life Insurance, you may purchase Accidental Death and Dismemberment (AD&D) Insurance for yourself, your spouse or domestic partner, and your children. AD&D Insurance pays a death benefit (principal sum or full insurance amount) if the insured person dies due to a covered accident. It also pays a percentage of the death benefit if the covered person loses a limb(s), sight, speech, hearing, or becomes paralyzed. For example, a person who is covered by AD&D Insurance would receive 50% of the principal sum (full insurance amount) if he/she lost a limb from an injury relating to a covered accident.
	You can elect Accidental Death and Dismemberment insurance within 30 days of your hire date or during Open Enrollment. You may increase your individual AD&D coverage to the Family AD&D plan within 30 days of a qualifying change in family status. Effective July 1, 2024, You may increase your individual AD&D coverage to the Family AD&D plan within 60 days for a birth or adoption family status change.
	You can cover yourself in \$25,000 increments up to \$500,000. Your family members' coverage is a percentage of your coverage amount. For example, John Smith has "Employee and Family" coverage for himself and his two children (no spouse). If one of his children dies, he receives a payout of 20% of the principal sum. If John had a spouse, he would receive 15% of the principal sum if his child died. Charts showing costs and payout percentages can are on the next page.
How to Decide if You Need AD&D	If you don't have life insurance or other insurance plans to cover your family if something should happen to you, you may consider purchasing AD&D coverage.

Optional Insurance – AD&D

Accidental Death & Dismemberment Costs

Cost of AD&D for "Employee Only" and "Employee and Family" Coverage

Principal Sum:	Employee Only:	Employee and Family	
\$25,000	\$.75	\$1.00	
\$50,000	\$1.50	\$2.00	
\$75,000	\$2.25	\$3.00	
\$100,000	\$3.00	\$4.00	
\$125,000	\$3.75	\$5.00	
\$150,000	\$4.50	\$6.00	
\$175,000	\$5.25	\$7.00	
\$200,000	\$6.00	\$8.00	
\$225,000	\$6.75	\$9.00	
\$250,000	\$7.50	\$10.00	
\$275,000	\$8.25	\$11.00	
\$300,000	\$9.00	\$12.00	
\$325,000	\$9.75	\$13.00	
\$350,000	\$10.50	\$14.00	
\$375,000	\$11.25	\$15.00	
\$400,000	\$12.00	\$16.00	
\$425,000	\$12.75	\$17.00	
\$450,000	\$13.50	\$18.00	
\$475,000	\$14.25	\$19.00	
\$500,000	\$15.00	\$20.00	

Payout Amounts if "Employee and Family" Coverage is Selected

Family includes employee and:	Percentage of principal sum you receive if your spouse/partner dies	Percentage of principal sum you receive if a child dies
Spouse/DP Only (no children)	60%	0%
Spouse/DP & Children	50%	15%
Children Only (no spouse/DP)	0%	20%

Optional Insurance - Flexible Spending Accounts			
Optic Flexible Spending Accounts	 Navia Benefit Solutions administers the City's Flexible Spending Account (FSA) Plans. The FSAs allow you to set aside pre-tax dollars from your paycheck for Health Care FSA (\$120 annual minimum, \$3,050 annual maximum) to pay for eligible expenses not covered through other benefit programs and eligible work-related expenses for Day Care FSA plan (up to \$5,000 per household). When you put money into an FSA, you do not pay federal or Social Security taxes on it. As a result, your taxable income is reduced, and your taxes are lower. You can enroll in FSAs either: (1) within 30 days of your hire date through Employee Self-Service, (2) during an Open Enrollment period, or (3) within 30 days of a qualifying change in family status (effective July 1, 2024, within 60 days of birth or adoption family status change). To continue participating, you must re-enroll each year during open enrollment. 		
Health Care FSA Account	There are two types of FSA Plans: Health Care FSA – allows you to set aside money (\$3,050 annual maximum per employee) to pay for eligible expenses not covered by your health plans (e.g., deductibles, copays, or costs for orthodontia that exceed the plan maximum). Health care premiums are not eligible expenses because they are already deducted from your paycheck on a pre-tax basis. You must submit receipts for reimbursement by March 31 of the following year. Find eligible expenses at <u>www.naviabenefits.com</u> .		
Daycare FSA Account	 Navia Benefit Solutions will carry over up to \$610 of remaining unused 2024 Health Care FSA account balances to 2025. Any remaining unused balances over the carryover limit will be forfeited. If you don't elect a 2025 Health Care FSA, 2024 account balances under \$120 will also be forfeited. Daycare FSA – allows you to set aside money on a pre-tax basis to pay for eligible daycare expenses for your child, disabled spouse, or tax dependent parent (or anyone who qualifies as a dependent on your IRS tax form) while you and your spouse/domestic partner work or seek employment, or if your spouse who does not work becomes a full-time student (\$5,000 annual maximum per household). Unused Daycare FSA funds will not carry over to the following plan year. 		

Optional Insurance - Flexible Spending Accounts				
Examples of Qualifying Life Events (not all- inclusive)	If you experience a qualifying life event as described below, contact the Benefits Unit at <u>Benefits.Unit@seattle.gov</u> within 30 days of the event (effective July 1, 2024, within 60 days of birth or adoption family status change) to see if you're eligible to make a change to your Health or Daycare FSA.			
Contact the Benefits Unit if you have any questions	 Return to work from a Leave of Absence (Note: returning from Leave is the qualifying event for birth or adoption and marks the 30-day window to elect Dependent Care FSA) Change in legal marital status, which changes the number of your eligible dependents (marriage, divorce, etc.) Effective July 1, 2024, within 60 days of the birth of a child, adoption of an eligible child or a placement for adoption Death of a dependent Change in employment status for you or your spouse/domestic partner which affects your daycare needs Daycare needs change. Examples include a child reaching a maximum age of 13, a change in daycare cost or coverage, or a change of care provider 			
Set up Your Online Account	As you incur eligible expenses, you submit bills and receipts and receive reimbursement up to the amount you elect to have withheld from your paychecks throughout the year. There are restrictions on the amount you can contribute and the types of expenses that can be reimbursed. Find eligible daycare expenses at www.naviabenefits.com.			
Kinside	Create your online account using your personal email address and the Company Code: CS1 , shop the FSA store, submit a claim for reimbursement, manage your Navia Benefits Card, and more at <u>www.naviabenefits.com</u> . For claim issues or appeals, please call (206) 425-452-3500 or 1-800-669-3539. Find eligible expenses at <u>www.naviabenefits.com</u> .			
	All City of Seattle employees have access to Kinside's nationwide childcare network. Browse up-to-date openings at preschools, after-school programs, summer camps, and more. Pay providers online and take advantage of up to 20% on childcare discounts. Pay your provider online using your Daycare FSA dollars. No FSA? You may also pay online via ACH. No more clunky claims process.			
	 Create an Account: If you already have a Flexible Spending Account, log-in through your online account at <u>naviabenefits.com</u>. For employees not enrolled in an FSA, visit join.kinside.com/city-of-seattle to create an account using your City of Seattle employee email address. 			

Optional Insurance - Flexible Spending Accounts			
	2. Start Your Search: Enter your home address to view the daycares, after- school care, summer camps, and preschools closest to you, browse profiles, discounts, and more. Chat with a concierge for help with the heavy lifting to find the right care options for your family.		
	 Do you have a location in mind? Enjoy one-click touring and save on enrollment at partner providers. Let a concierge assist you with booking and enrollment. 		
Benefit Card	The Navia Benefits Card is a debit card that allows you to access your Health Care FSA funds directly instead of paying out-of-pocket and waiting for reimbursement. Navia will send you a Benefits Card automatically through U.S. Mail.		

Workers' Compensation		
	If you are injured at work, you will be covered by the City's self-insured Workers' Compensation program. You are covered as soon as you start work. For more information on this program, contact your department's Human Resources Representative.	

Well-Being Programs		
Reach	 Reach is the City's online and app-based well-being program for employees and spouses/domestic partners. Reach combines tools, educational content and engaging activities to support physical, emotional, and financial well-being goals. Learn how to manage stress or achieve better work/life balance Connect with health advocacy services for benefit and clinical questions Get involved in your community Make healthier choices and take action to improve your health Create a budget, manage debt or plan for future retirement. To start using Reach, go to cityofseattle.limeade.com and register. For access to Reach on the go, download the Limeade app and enter the City of Seattle code:	
Employee Assistance Program (EAP)	 seattle. Effective July 1, 2024, the City of Seattle is partnering with a new Employee Assistance Program (EAP) services provider, ComPsych. The EAP provides confidential counseling and mental health support for such issues as eating disorders, stress, family relationship concerns, work-related problems, financial issues, and alcohol and drug problems. Help is available for you and your household members 24/7 through ComPsych. Services also include childcare referral, eldercare information, financial and legal consultation and well-being coaching. Employees and household members can receive eight visits per issue per year either in person or online. 	
Weight Watchers	 In person of online. Employees may use six paid, non-leave hours per year for EAP visits. (Contact your supervisor to schedule time if you want to use paid time and verify how to code your time sheet.) To reach ComPsych, call 1-888-272-7252; TRS: Dial 711. Online at www.guidanceresources.com; Registration Web ID: SeattleEAP. The City of Seattle provides special savings on selected weight-loss solutions. Save 50% on Weight Watchers programs; additional \$30 reimbursement each year for attending meetings at the recommendation of your physician. Regular City employees and their adult dependents with City medical coverage may enroll. Enroll at ww.com/us/cityofseattle with Employer ID: 62344, Employer Passcode: WW62344. Include the Employee Number, the last four numbers of the participant's Social Security number, and credit card information. The address for all City of Seattle Weight Watchers members is 700 Fifth Avenue, Seattle, WA 98104. For pricing and the reimbursement form, go to https://www.seattle.gov/human-resources/benefits/employees-and-covered-family-members/well-being-programs. 	

Well-Being Programs			
Hinge Health	Hinge Health is a program to help employees and their adult dependents with back and joint pain. The digital solution is available at no out-of-pocket cost.		
	Hinge Health includes prevention, acute pain management, chronic pain recovery, and pre- or post-surgery support. Based on enrollment assessment results, member treatment options may include a virtual physical therapy visit for all joint and muscle groups, app-based exercise therapy, educational materials, expert medical opinion or a free tablet computer and wearable sensors.		
	To enroll in Hinge Health, go to <u>hingehealth.com/cityofseattle</u> .		
2 nd .MD	You and your covered family members have access to a second opinion with a medical expert. 2 nd .MD helps you and your covered family members get an expert second opinion – at no cost to you. Get virtual expert medical consultation from a board-certified, elite doctor from a top medical institution. If you have questions about a diagnosis, treatment option, surgery, or medication connect with a specialist to get advice. Conditions include cancer, heart disease and stroke, digestive problems, immunological disorders, women's health concerns, and musculoskeletal issues.		
	To get started, call 1-866-537-1324, download the 2 nd .MD app and activate your account online at <u>2nd.md/cityofseattle</u> .		
Quit for Life	The City of Seattle is committed to helping employees become free of tobacco, so the City fully subsidizes the cost of the Quit For Life program. Employees (and their eligible adult family members) pay nothing for the program. Even the cost of nicotine patches/gum is covered. To enroll, call Quit for Life at 1-866-QUIT-4-LIFE (1- 866-784-8454).		

	Work Life Programs		
Seattle Shares	Seattle Shares is the City of Seattle's employee giving and volunteer program. Employees are encouraged to give via our partner, United Way of King County (UWKC) during our annual campaign. Employees are also encouraged to give directly to the charity of their choice. Employees can go to charitynavigator.org to research charities and/or make donations via the charity navigator portal. Please see inweb/seattleshares for more information.		
Career Quest	Career Quest is a career management program that provides customized career development opportunities for employees looking to broaden their skills and/or seeking assistance with their long-term career goals. The program offers Career Development Workshops, Competitive Scholarships and Citywide Flash Mentorships . To be eligible, you must be a regular City employee and be committed to developing new skills and competencies. Employees can learn more about the Career Quest program, and access these services, by going to the <u>Career Development Hub</u> or by contacting <u>CareerQuest@seattle.gov</u> .		

	Work Life Programs		
Office of the Ombud	The Office of the Ombud is a confidential, informal, and independent resource that serves all current City of Seattle employees. The mission of the Office of the Employee Ombud is to ensure that employees have access to a resource for informally addressing workplace concerns in a fair and equitable manner.		
	To submit an anonymous report, please use the secure site at EthicsPoint (<u>https://oeointake.seattle.gov</u>). Once we receive your report, Ombud Office staff can contact you via the EthicsPoint portal or by phone or email, If you do not wish to use EthicsPoint, you can also call our intake line at 206-233-7850 or email the office at <u>ombud@seattle.gov</u> .		
MyTrips	MyTrips is your employee commute options program. MyTrips is here to assist with all your commute options including transit, vanpool, carpool, bike, and walk. Take a look at the program overview in this <u>flyer</u> . Explore your program and join the majority of employees who do not drive alone to work. Request a personalized trip plan, qualify for a Guaranteed Ride Home in the event of a personal, family, or medical emergency, and earn rewards for campaigns by logging your trips in the Commute Calendar. Explore your options and find your commute today.		
	New employees will receive a welcome email from <u>MyTrips</u> during onboarding. Existing employees, visit <u>MyTrips</u> , your employee commute options hub to find out more about your program and see what is new.		
	Any questions, reach out to MyTrips at <u>MyTrips@seattle.gov</u> or 206-445-4401.		

		Leave	Policies		
Vacation	You earn vacation based on the number of hours (non-overtime) you are paid pay period. Vacation hours are accumulated on a maximum of 80 hours per pa period. (See the vacation accrual chart below*.) Approximately 2,088 hours of regular pay status equal one year of full-time employment. Your vacation accru rate is 12 days per year for your first four years of service. The accrual rate grad increases to 23 days per year after 14 years of service, with an additional day p year of service after 19 years to a maximum of 30 days. You can accumulate two times your annual vacation without penalty. The amo of vacation you have earned and not used is shown on your biweekly paycheck may also view this information on Employee Self-Service.				of 80 hours per pay ely 2,088 hours of our vacation accrual e accrual rate gradual n additional day per penalty. The amount biweekly paycheck. Yo
Represented Employees - see your collective bargaining agreements for provisions regarding leave policies. If any of this information differs from the union bargaining agreement, the bargaining agreement prevails.	Your unused va unless your un vacation leave	acation balanc ion has elected into Deferred	e will be cashec d to participate	l out when you le in VEBA or you a Check with your	eave City employment re eligible to defer you HR representative.
	Hours of Regular Pay Status	Years of Service	Days per Year	Hours per Year	Maximum Balance
	Less than 06241	0 to 3	12	96	192
	06241 to 14560	4 to 7	16	128	256
	14561 to 27040	8 to 13	20	160	320
	27041 to 37440	14 to 18	23	184	368
	37441 to 39520	19	24	192	384
	39521 to 41600	20	25	200	400

43681 to 45760 22 27 216 45760 23 28 224 45761 to 47840 23 28 224 47841 to 49920 24 29 232
47840 47841 to 24 29 232
43320
49221 and 25 30 240 over
 The above vacation accrual rates do not apply to the below groups vith your department's human resources representative or union cation accrual rate. Police uniformed officers (SPOG, SPMA) Fire uniformed (Local 27, Local 2898) Local 77 I.B.E.W. Local 79 SPEOG Library

Leave Policies		
Sick Leave	Sick leave is a program that pays your wages if you must be absent from work because of your own medical appointments, personal illness, injury or disability, which makes you temporarily unable to perform your job or when you are absent because of medical appointments, illness, injury or disability of your spouse or domestic partner, parent, grandparent, sibling, grandchild or dependent child. You may also request sick leave for the non-medical care of a newborn or child recently placed for adoption, foster care or legal guardianship, closure of your worksite or your child's school or place of care by a public health official, and for reasons related to domestic violence, sexual assault or stalking. You are eligible to use available sick leave hours after 30 days of employment. Full-time employees accumulate 12 days or 96 hours of sick leave per calendar year, at the rate of .046 hours per hour on regular pay status. If you are absent more than four consecutive workdays, you must submit medical documentation to verify your absence. You may also need to provide return to work certification. When you retire through the City of Seattle Retirement System you are eligible to receive a cash equivalent of 25 percent of unused sick leave hours, unless your union has elected to participate in VEBA or you are eligible to defer your sick leave into Deferred Compensation. Check with your HR representative.	
Sick Leave Transfer For more information on sick leave transfer, see Personnel Rule 7.7.5 and your department's policies.	 The City has a sick leave transfer program. You may request to receive up to 560 hours of donated sick leave for any single qualifying incident from other employees if you meet all the following conditions: You have exhausted, or will exhaust in the current pay period, your paid leave balances due to a personal illness, injury, impairment, or physical or mental condition which is likely to cause you to go on leave without pay, or to leave City employment. You provide a medical certification from your health care provider verifying the nature and expected duration of your condition and the need to be off work. You have used your sick leave balance judiciously. You are not eligible for benefits under SMC Chapter 4.44 or under the State Industrial Insurance and Medical Aid Acts. You may also donate eight or more sick leave hours to an approved recipient employee, provided the donation will not cause your sick leave balance to fall below 240 hours. 	

Leave Policies					
Holidays	Most City employees are eligible for 12 official paid holidays and two personal paid holidays per year. To qualify for a paid holiday, you must be on regular pay status either the day before or the day after the observed holiday. However, if you returned the day after a holiday, but had been on unpaid leave for more than four days immediately preceding the holiday, you would not be eligible for holiday pay. For more information regarding holiday leave policies, consult Personnel Rule 7.6 at <u>seattle.gov/human-resources/rules-and- resources/personnel-rules</u> and any applicable union contract. Below is the 2024 holiday schedule*.				
		New Year's Day	Monday, 1/1/2024		
		Martin Luther King Jr. Day	Monday, 1/15/2024		
		President's Day Monday, 2/19/2024			
	Memorial Day Monday, 5/27/2024				
	Juneteenth Wednesday, 6/19/2024				
	Independence Day (observed) Thursday, 7/4/2024				
	Labor DayMonday, 9/2/2024				
		Indigenous People's Day Monday, 10/14/2024			
		Veterans' Day	Monday, 11/11/2024		
		Thanksgiving Day	Thursday, 11/28/2024		
		Day following Thanksgiving	Friday, 11/29/2024		
	Christmas Day (observed) Wednesday, 12/25/2024				
	The 2025 New Year's Day holiday will be January 1, 2025.				
	You must use your personal (floating) holidays during the calendar year or you will forfeit them.				
Emergency Day	Some union agreements provide for an emergency day. This is a day to take care of an urgent personal situation. Check your collective bargaining agreement for more information.				

	Leave Policies
Floating Holidays	You will be credited with two floating (personal) holidays on January 1 of each year. Individuals with ten or more years of service credit receive four personal floating holidays. You may take them in full-day increments at any time with supervisory approval. Personal holidays cannot be carried over from year to year nor can they be cashed out at the end of the year. Use them or lose them!
	Employees who work a 4/10 or 9/80 schedule receive eight hours pay per holiday. They must cover the difference with vacation or compensatory time, take it without pay or work flex hours. For more information, see the <u>Personnel</u> <u>Rules</u> 7.6 at <u>seattle.gov/human-resources/rules-and-resources/personnel-rules</u> . Represented employees should also see their collective bargaining agreements for provisions covering personal holidays.
Bereavement Leave	All employees, including temporary employees, are entitled to five days of paid time off for bereavement purposes due to the passing of a close relative. With supervisory approval, you make take vacation or discretionary time off not to exceed 5 days to mourn the death of a "relative other than a close relative" such as an aunt, friend, co-worker or other individual who is not a close relative.
Family and Medical Leave	The City provides up to 90 calendar days of unpaid Family and Medical Leave per rolling 12-month calendar year. Hours are pro-rated for part-time employees. Employees are eligible to use the leave after six months of employment. Eligible employees can elect to utilize their accrued paid leave such as vacation, sick leave, floating holiday, etc. during an approved City FML leave period. City FML leave is a protected leave, allowing for job restoration, continued health insurance benefits and protection against retaliation.
	When you use Family and Medical Leave for the non-medical care of your newborn child or for a child who has been placed with you for foster care or adoption, you must provide 30 days' advance notification, when possible. Any use of intermittent Family and Medical Leave for the non-medical care of your new child must be by mutual agreement between you and your supervisor. You must submit a record of birth or placement attesting to the date of the child's birth or placement with you.
	When you use Family and Medical Leave for your own serious health condition or to care for the serious health condition of an eligible family member, you must provide as much notification as possible. You must also submit your health care provider's certification of a serious health condition.

	Leave Policies		
	Additionally, if you are taking Family and Medical Leave for your own serious health condition, you will need your health care provider's release to return to work. To apply for this leave, please contact your <u>department's leave & ADA</u> <u>coordinator</u> .		
Jury Duty	If you serve on jury duty during normal work hours, you will be paid your regular straight-time pay upon surrendering to the City any compensation you receive from the Court, less transportation allowance.		
	The City offers the following paid and unpaid leave programs for employees needing to time off work due to military events:		
Military Leave	 Paid Military Leave: The City provides up to 21 working days, exclusive of normal days off, of paid leave per fiscal year (October – September) without loss of service credit for employees who are members of the US armed forces, National Guard, or reserves, and need leave to report for required military duty, training or drills. This leave provides employees with their City pay and benefits at the same pay rate and under the same conditions as if they were at work. 		
	 Military Leave of Absence (LOA): Unpaid Military Leave of Absence provides employees an unpaid leave of absence to enter active duty for the United States Military. It also guarantees a return to their position upon release from active duty, provided they meet the set criteria. 		
	 Military Spouse Leave of Absence (Spouse LOA): Refers to a 15-day unpaid leave provided to employees whose spouse is a member of the Armed Forces, National Guard, or Reserves and who has been notified of an impending call or order to active duty and before deployment, or whose military spouse is on leave from deployment. 		
	 Family Medical Leave (FML) Military Exigency: Eligible employees are granted up to 90 days (13 weeks) of unpaid, job-protected Family and Medical Leave in a 12-month rolling period for a "qualifying exigency" arising out of a foreign deployment of the employee's spouse, parent, son or daughter. 		
	• Family Medical Leave (FML) Military Caregiver Leave: Employees are granted up to 26 weeks of unpaid, job-protected Family and Medical Leave in a 12-month rolling period to care for their spouse, parent, child, or next of kin of a covered military service member with a serious injury or illness. Covered military members may be either a current servicemembers or a veteran of the armed forces.		

	Leave Policies
Paid Family Care Leave	The City provides eligible employees up to four weeks (160 hours) of paid leave to care for a qualifying family member with a serious health condition under an approved Family and Medical Leave.,. Hours are pro-rated for part-time employees. Employees are eligible to use the leave completing consecutive six months of employment in a benefitted position or temporary assignment and if they have not exhausted their FML entitlement hours. The use of Paid Family Care Leave counts against the Family and Medical Leave entitlement hours. To apply for this leave, please contact your <u>department's leave & ADA</u> <u>coordinator</u> .
Paid Parental Leave	 The City of Seattle's Paid Parental Leave program provides eligible employees up to 12 weeks paid leave to bond with their new child. These hours are prorated for part time employees. Employees become eligible for this leave after completing 6 months of employment in a benefit eligible position and if they experience one of the following qualifying events: Birth of a child; placement of a child for adoption; placement of a child for foster care; placement of a child for legal guardianship
	The employee, in addition to the leave application, must also submit a record of birth or placement to the City. The employee must use the leave by the first anniversary of the child's birth or placement. To apply for this leave, please contact your <u>department's leave & ADA coordinator</u> .
Sabbatical Leave	You may be eligible to request an unpaid sabbatical leave of absence of up to 12 months after completing the equivalent of seven years of continuous full- time regular City employment. A sabbatical leave differs from a personal leave of absence in that returning to your job is guaranteed. (This guarantee is no greater than if you were not on leave.) In addition, you will receive health care benefits at the rate of one month of coverage for every year of completed employment, to a maximum of 12 months. You may also cash out any unused sick leave over 240 hours at 25% of its current value.
	For additional information, go to the Personnel Rules at <u>seattle.gov/human-resources/rules-and-resources/personnel-rules</u> . To apply for any of these leave programs, please contact your <u>department's leave & ADA coordinator</u> .

Washington State Paid Family and Medical Leave

Washington's Paid Family and Medical Leave is an insurance program funded through premiums paid by the City of Seattle and employees. It offers partially paid leave for qualifying medical, family and certain military connected events. The program covers between 12 and 18 weeks of paid leave for a qualifying event, depending on the circumstances. For more information, please visit the Washington State Employment Security Department's website at https://www.paidleave.wa.gov/.

To apply for this State benefit with the Washington State <u>Employment Security Department</u> (ESD), you can contact ESD directly at 1 (833) 717-2273 or submit your online application at <u>www.paidleave.wa.gov.</u>

	Employee Rights and Responsibilities	
Your Work Environment	As a City employee, you have several rights and responsibilities. You have the right to a work environment that is free from discrimination and harassment based on race, gender, age, national origin, color, creed, gender identity, religion, ancestry, or presence of any sensory, mental or physical disabilities. You should report any incident of illegal harassment or discrimination you experience or witness to the proper authority. You will find the procedure for reporting and investigating allegations of workplace harassment at http://sdhrweb/safety/workplaceviolence.asp.	
Employment	 Your position (job) may be represented under the terms of a collective bargainin agreement between the City and an authorized union. If so, you are eligible for all the rights and conditions of employment described therein. The provisions of your collective bargaining agreement will supersede any Personnel Rules, policies, or procedures with which they conflict. You have the right to compete openly for City jobs for which you are qualified. You may use City time and equipment (e.g., computers, and copiers) within reason, to participate in City job application, interview, and testing processes. 	
	Please note: We have made every attempt to ensure the accuracy of this information. If there is any discrepancy between this booklet, the insurance contracts, other legal documents or the terms of an authorized collective bargaining agreement, the contracts, legal documents, and applicable collective bargaining agreements will always govern. The City of Seattle intends to continue these plans indefinitely but reserves the right to amend or terminate them at any time in whole or part, for any reason, according to the amendment and termination procedures described in the legal documents. This booklet does not create a contract of employment with the City of Seattle.	

Retirement				
Deferred Compensation Savings Plan	 You may participate in the City of Seattle Voluntary Deferred Compensation Plan administered by Nationwide. You may enroll any time throughout the year. The plan allows you to save a portion of your paycheck to supplement your retirement income. Contributions are made through pre-tax or after-tax (Roth) payroll deductions and you are immediately 100% vested in any contributions you make. You may choose among several investment options to diversify your savings. For more information, reach out to an on-site Deferred Compensation Education Consultant in the Seattle Municipal Tower (Floor 16, Suite 1635) at 206-447-1924. Education Consultants are available Monday through Friday during normal business hours. Or please contact Nationwide at 855-550-1757. Customer Service Representatives are available from 5:00 am to 8:00 pm Pacific Time, Monday through Friday and Saturday 6:00 am to 3:00 pm. You can also access your account 24/7 on the <u>Plan website</u>. You may start, stop or change the amount of your deferrals (contributions) at any time at <u>www.cityofseattledeferredcomp.com</u> or by calling 855-550-1757. You unay contribute as little as \$10 per pay period and as much as 50% of your annual taxable income up to the annual limit published on www.cityofseattledeferredcomp.com You do not pay federal income tax on your pre-tax money until it is withdrawn. You can apply for a loan, not to exceed the lesser of \$50,000 or half your account balance. You can contribute a portion of your sick leave balance (if eligible) and all your vacation payout to your account when you retire. You can contribute a portion of your sick leave balance (if eligible) and all your vacation payout to your account when you retire. You may consolidate prior retirement plans (457, 403(b), 401(k), 401(a) and IRA) into your Deferred Compensation Plan account t			
	Year	Regular Contributions Limit	Additional Contribution Limit for Employees Age 50 Plus	
	2024 \$23,000 \$7,500			

		Retirement	
City Retirement System	 If you are hired into a civil service job, you automatically become a member of the Seattle City Employees' Retirement System (SCERS). You contribute a percentage of your salary to the retirement fund through payroll deduction (taken pre-tax). If you are an exempt employee (Civil Service Exempt), membership is optional, and you may enroll at any time. SCERS II is a new Retirement Plan for eligible City of Seattle employees hired January 1, 2017 or later. The new plan helps ensure a healthy retirement fund for City of Seattle retirees for years to come. SCERS II is part of a competitive benefits package that stacks up against national and regional averages. Comparison Chart Both SCERS I and SCERS II essentially work the same way and many provisions between the two plans are the same. This table summarizes the most significant differences between SCERS I and SCERS II. 		
		SCERS I	SCERS II
	Employee Contribution Rate	10.03 percent	7.0 percent
	Final Average Salary	Highest 52 pay periods	Highest 130 pay periods
	Minimum Retirement Age	Active employees are eligible after reaching:	Active employees are eligible after reaching:
		5 to 9 service years and age 62	5 to 9 service years and age 60
		10 to 19 service years and age 57	10 to 19 service years and age 57
		20 to 29 service years and age 52	20 or more service years and age 55
		30 or more service years and any age	
	Earned Benefit Per Year of Service Multiplier	Maximum 2 percent. Refer to table in SMC 4.36.605.	Maximum 1.75 percent. Refer to table in SMC 4.36.608.
	Minimum Benefit	Contributions plus interest times two.	Benefit is calculated using age and length of service. See table in SMC 4.36.608.

	Retirement
City Retirement System	How does SCERS II impact you?
(continued)	 Existing members hired and enrolled before January 1, 2017 will continue in SCERS I. New members hired January 1, 2017, or later will be enrolled in SCERS II, unless they have service time eligible for redeposit in SCERS I. After January 1, 2017, exempt or eligible temporary employees whose eligibility date is before January 1, 2017 will be enrolled in SCERS I should they elect to join the Retirement System. They will then have <i>the option to switch to SCERS II within 60 days</i>. Those who make the permanent election to switch will forfeit the right to purchase retirement service credit earned before their election to join SCERS. After January 1, 2017, former SCERS I members who withdrew their contributions, returned to City employment, and are eligible to redeposit will be re-enrolled in SCERS I with <i>the option to switch to SCERS II within 60 days</i>. Those who make the permanent election to suite in SCERS I with <i>the option to switch to SCERS II within 60 days</i>. Those who make the permanent election to SCERS I with <i>the option to switch to SCERS II within 60 days</i>. Those who make the permanent election to switch to SCERS II within 60 days. Those who make the permanent election to switch to SCERS II within 60 days. Those who make the permanent election to switch will forfeit the right to redeposit retirement service credit earned in SCERS I.
	If you are a former City employee and are interested in purchasing service credit toward retirement based on your previous employment, you can contact the Retirement Office for details about whether you are eligible.
	If you have worked for the state or other local governments, you may be eligible to combine your service time to qualify for retirement.
	For more information call the City of Seattle Retirement Office at 206-386- 1292, visit their website at <u>seattle.gov/retirement</u> or email the Retirement Office at <u>City.Retirement@Seattle.gov</u> .
	This document is a guide to be used in conjunction with the Seattle Municipal Code, Section 4.36. The rules governing member retirement benefits are contained in the Seattle Municipal Code (SMC). If there are any conflicts between what is written in this document and what is contained in the code, the applicable code will govern.
Retirement System Death Benefit	Active employees are automatic members of the Death Benefit Program. Retirees may choose whether to retain this benefit. The benefit is \$2,000 and payable only to the beneficiary. The premium is \$12.00 per year, deducted from the first paycheck of the year. The benefit has no cash value for the retiree.

Glossary		
Balance billing	The amount over and above your co-insurance amount that you may be required to pay if you use a non-network provider. See the explanation for Paying out-of-network claims that bills more than Aetna's allowable amount on page 53.	
Coinsurance	The arrangement by which both the Plan and the employee share a specified ratio of the covered expenses under the policy. For example, the Aetna Open Choice Traditional Plan pays 80% of most covered expenses while the employee pays the remaining 20% of covered expenses once the deductible has been met.	
Сорау	A fee paid at the time a medical or dental service is provided. A copay may be a percentage of charges, but is usually a flat fee. In general, copayments may not be applied toward the coinsurance or out-of-pocket deductibles.	
Deductible	The amount of covered expenses that must be incurred before and Plan benefits are paid. The deductible is set on an annual basis and there are individual and family deductibles.	
Eligible Expenses	Expenses as defined in the health plan as being eligible for coverage. This could involve specified health services fees or "reasonable and customary charges."	
Formulary	A list of preferred brand-name and generic drugs. Drugs are selected for inclusion based on evaluation criteria developed by each Plan. Formularies are different depending on the Plan, and may change to include new drugs or to drop brand-name drugs as generic equivalents become available.	
Generic Drug	A drug which contains the same active ingredients in the same amounts as the brand-name product, although it may differ in color, shape or size from the brand-name product. It is produced after the brand name drug's patent has expired. It is also called a "generic equivalent."	
Network Provider	A medical provider, such as a physician, who has a signed contract to participate in a health plan. Also known as a preferred provider.	
Non-network Provider	A provider who has not signed a contract with a health plan. Also known as a non-preferred provider.	
Out-of-Pocket Cost Out-of-Pocket Limit	The amount not covered by the plan that the plan member pays. This includes such things as coinsurance, deductibles, etc.	
(Out-of-Pocket Maximum)	The amount of copays and/or coinsurance an individual will be required to pay within a calendar year before most covered expenses are covered in full.	

	Glossary
Pre-existing condition	A physical condition that existed prior to the effective date of a policy. In many health policies, these are not covered until after a stated period of time has elapsed. The City's medical plans cover all pre-existing conditions.
Preferred Provider	A medical provider, such as a physician, who has a signed contract to participate in a health plan. Also known as a network provider
Preventive Care	Care that consists of routine physical examinations and immunizations. The emphasis is on preventing illnesses before they occur.
Recognized Charge	The charge determined by Aetna on a semiannual basis to be in the 70 th percentile of the charges made for a service or supply by providers in the geographic area where it is furnished.

Who to Contact if You Have Questions

If you have questions, contact the following organizations by phone or obtain information through their web sites. The Seattle Department of Human Resources Benefits Unit can be reached at 206-615-1340.

Accolade	866-540-5418	https://login.myaccolade.com/login
Aetna	866-540-5418	Aetna.com Custom Doc Find: aetna.com/dsepublic/#/cityofseattle
Kaiser Permanente	888-901-4636	KP.org/wa
VSP	800-877-7195	<u>vsp.com</u> Click on "Members"
Delta Dental of Washington (DDWA)	206-522-2300 or 800-554-1907	DeltaDentalWa.com
Dental Health Services	206-788-3444 877-495-4455	DentalHealthServices.com/cityofseattle
Nationwide Retirement Local Representative	855-550-1757 206-447-1924	www.cityofseattledeferredcomp.com
Employee Assistance Program - ComPsych	1-888-272-7252 TRS: Dial 711	www.guidanceresources.com Registration Web ID: SeattleEAP
Life, AD&D, LTD		Your department's Benefits Representative
Health Care/Daycare Flexible Spending Accounts	800-669-3539	<u>naviabenefits.com</u>
City's Benefits Unit Employee Self-Service	206-615-1340	seattle.gov/human-resources/benefits seattle.gov/ess/